2026 U.S. Midterm Scorecard **House of Representatives**

Election night | November 3, 2026 | 56 seats | ★ Illustrated Scenario 2 core | ◇ Stretch

HOUSE BASELINE

2024: 215 D / 220 R. Majority: 218.
Current: 214 D / 219 R / 2 vacancies.
Scenario gains are measured from the 2024 result.

SCENARIO 1 | SMALL DEMOCRATIC WIN

+20 net seats → 235 D / 200 R
Illustrated path: 13 toss-up + 8 Lean D flips, minus the TN-9 loss = +20.

SCENARIO 2 | LARGE DEMOCRATIC WIN

+35 to +40 net seats → 250–255 D
36–41 Republican pickups, with 1–2 D losses.
+40 requires 41 pickups and only one D loss.

DEFENCE + REPUBLICAN TOSS-UPS (28)

SEAT	GROUP	RATING	S2	R	D
FL-14	D hold	Toss-up	★	☐	☐
FL-22	D hold	Toss-up	★	☐	☐
ME-2	D hold	Toss-up	★	☐	☐
NC-1	D hold	Toss-up	★	☐	☐
OH-9	D hold	Toss-up	★	☐	☐
TX-35	D hold	Toss-up	★	☐	☐
FL-25	D hold	Lean D	★	☐	☐
TX-34	D hold	Lean D	★	☐	☐
WA-3	D hold	Lean D	★	☐	☐
AL-2	D hold	Lean R	★	☐	☐
TN-9	At risk	At risk		☐	☐
FL-9	At risk	Lean R		☐	☐
NM-02	D hold	GOP target		☐	☐
NY-03	D hold	GOP target		☐	☐
NV-03	D hold	GOP target		☐	☐
IA-2	R toss-up flip	Toss-up	★	☐	☐
KY-6	R toss-up flip	Toss-up	★	☐	☐
MI-4	R toss-up flip	Toss-up	★	☐	☐
MI-7	R toss-up flip	Toss-up	★	☐	☐
MI-10	R toss-up flip	Toss-up	★	☐	☐
MT-1	R toss-up flip	Toss-up	★	☐	☐
NC-11	R toss-up flip	Toss-up	★	☐	☐
NY-17	R toss-up flip	Toss-up	★	☐	☐
OH-7	R toss-up flip	Toss-up	★	☐	☐
PA-1	R toss-up flip	Toss-up	★	☐	☐
PA-8	R toss-up flip	Toss-up	★	☐	☐
TX-15	R toss-up flip	Toss-up	★	☐	☐
VA-1	R toss-up flip	Toss-up	★	☐	☐

LEAN + STRETCH REPUBLICAN FLIPS (28)

SEAT	GROUP	RATING	S2	R	D
AZ-1	R / Lean D flip	Lean D	★	☐	☐
CA-22	R / Lean D flip	Lean D	★	☐	☐
CO-8	R / Lean D flip	Lean D	★	☐	☐
IA-1	R / Lean D flip	Lean D	★	☐	☐
IA-3	R / Lean D flip	Lean D	★	☐	☐
NJ-7	R / Lean D flip	Lean D	★	☐	☐
PA-7	R / Lean D flip	Lean D	★	☐	☐
PA-10	R / Lean D flip	Lean D	★	☐	☐
VA-2	R / Lean D flip	Lean D	★	☐	☐
WI-3	R / Lean D flip	Lean D	★	☐	☐
CO-3	R / Lean R flip	Lean R	★	☐	☐
CO-5	R / Lean R flip	Lean R	★	☐	☐
FL-7	R / Lean R flip	Lean R	★	☐	☐
FL-13	R / Lean R flip	Lean R	★	☐	☐
FL-27	R / Lean R flip	Lean R	★	☐	☐
NV-2	R / Lean R flip	Lean R	★	☐	☐
OH-15	R / Lean R flip	Lean R	★	☐	☐
TX-23	Vacant (last R)	Lean R	★	☐	☐
WI-1	R / Lean R flip	Lean R	★	☐	☐
AZ-2	Alternative flip	Lean R		☐	☐
MN-1	Alternative flip	Lean R		☐	☐
SC-1	Alternative flip	Lean R		☐	☐
VA-5	Alternative flip	Lean R		☐	☐
AR-2	Stretch flip	Stretch	◇	☐	☐
IN-5	Stretch flip	Stretch	◇	☐	☐
NY-1	Stretch flip	Stretch	◇	☐	☐
NY-21	Stretch flip	Stretch	◇	☐	☐
OH-10	Stretch flip	Stretch	◇	☐	☐

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2026 U.S. Midterm Scorecard **Senate**

Election night | November 3, 2026 | ★ Illustrated Scenario 2 core | ● Need ≥1 of ME / AK / KS | ◇ Stretch

SENATE BASELINE

53 R / 47 D, including two independents.
Democrats need net +4 to reach 51 seats.
A 50–50 split leaves Republican control.

SCENARIO 1 | SMALL DEMOCRATIC WIN

50–52 Democratic seats
NC + OH + TX gets Democrats to 50.
A 51st seat requires one of ME / AK / KS.

SCENARIO 2 | LARGE DEMOCRATIC WIN

51–53+ Democratic seats
Hold MI / MN / NH / GA; four flips = 51.
All six core flips = 53. Nebraska is an I race.

MARK ONE WINNER PER RACE | R / D CHECKBOXES; I AVAILABLE FOR NEBRASKA

RACE	CANDIDATES	POLL LEAD	ACTION	S2	R	D	I
MICHIGAN (open)	El-Sayed (D) vs Rogers (R)	D +3.2	Hold	★	☐	☐	
MINNESOTA (open)	Flanagan (D) vs Tafoya (R)	D +5.1	Hold	★	☐	☐	
NEW HAMPSHIRE	Pappas (D) vs Sununu (R)	D +6.7	Hold	★	☐	☐	
GEORGIA	Ossoff (D) vs Collins (R)	D +8.2	Hold	★	☐	☐	
NORTH CAROLINA (open)	Cooper (D) vs Whatley (R)	D +10.7	Flip	★	☐	☐	
OHIO (special)	Brown (D) vs Husted (R)	D +2.6	Flip	★	☐	☐	
TEXAS	Talarico (D) vs Paxton (R)	D +2.1	Flip	★	☐	☐	
MAINE	Jackson (D) vs Collins (R)	D +1.4	Flip	●	☐	☐	
ALASKA	Peltola (D) vs Sullivan (R)	D +1.2	Flip	●	☐	☐	
KANSAS	Hamilton (D) vs Marshall (R)	D +0.2	Flip	●	☐	☐	
IOWA (open)	Turek (D) vs Hinson (R)	R +0.5	Flip	◇	☐	☐	
SOUTH CAROLINA	Andrews (D) vs Graham (R)	R +2.7	Flip	◇	☐	☐	
FLORIDA (special)	Nixon (D) vs Moody (R)	R +6.2	Flip	◇	☐	☐	
NEBRASKA	Osborn (I) vs Ricketts (R)	New battleground	Flip (I)	◇	☐	☐	☐

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