

COVID-19 Behaviour

Public Opinion Research
Release Date: March 05, 2021
Field Dates: February 04 to March 02, 2021



Tracking the Impacts of COVID-19

Since the early days of the COVID-19 outbreak in Canada, INNOVATIVE has been tracking attitudes and reported behaviours impacted by the pandemic.

Today, INNOVATIVE is releasing the results from the second half of our February *Canada This Month* survey. This online survey was in field from February 4th to March 2nd with a weighted sample size of 2,000 Canadian residents. Detailed methodology is provided in the appendix.

This report covers segments of Canadians from 6 different groups based on how many activities they engage in, and how frequently they report taking precautionary measures such as hand washing and wearing a mask.

Activities and Behaviours

After social activities and shopping behaviours dropped down in early January to their lowest levels since the early days of the pandemic in Spring 2020, they have now increased through February.

Shopping Activities: 9-in-10 (88%) went to a grocery or drug store in the⁴ last week while half (53%) went to another type of store

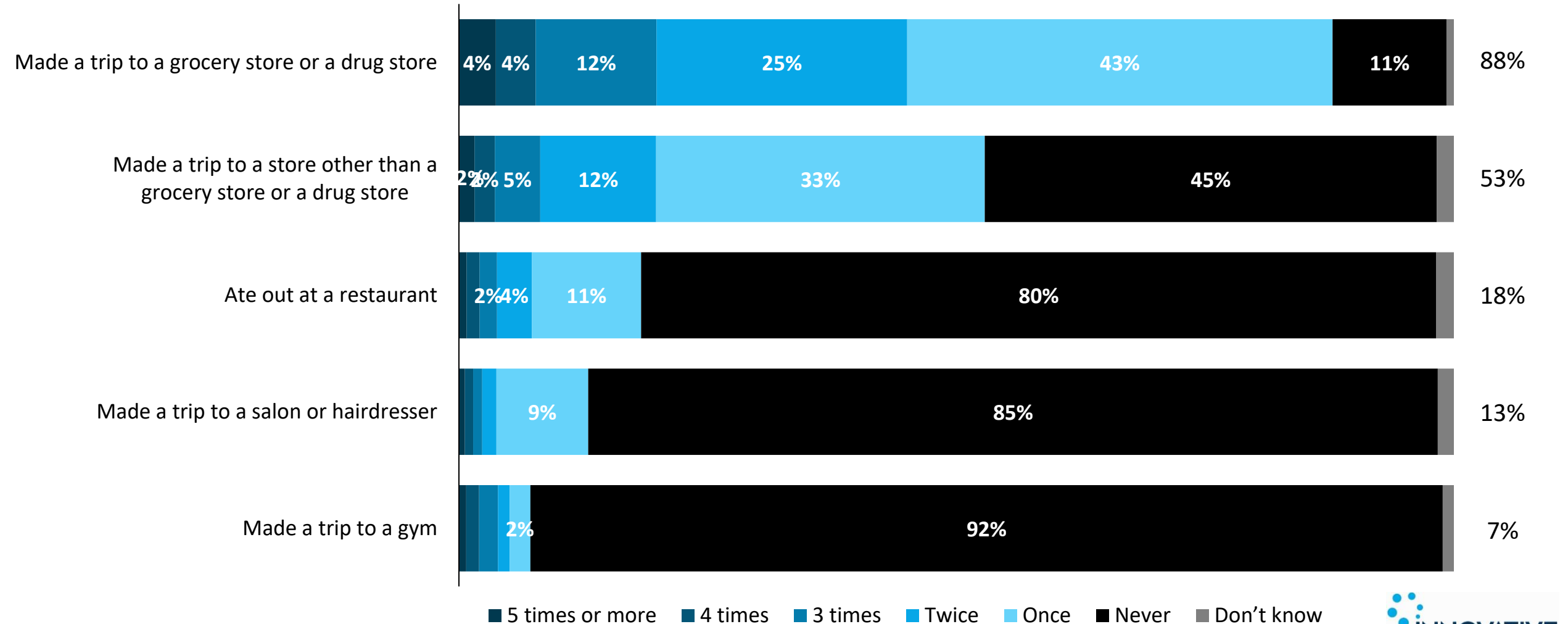


Over the past 7 days, how often have you done each of the following?

[asked of all respondents; n=2,000]

Current Wave: February 4-March 2, 2021

% At least once



5 times or more 4 times 3 times Twice Once Never Don't know

Shopping Activities: Those saying they went to a gym or ate at a restaurant in the last week is steady since Jan'21

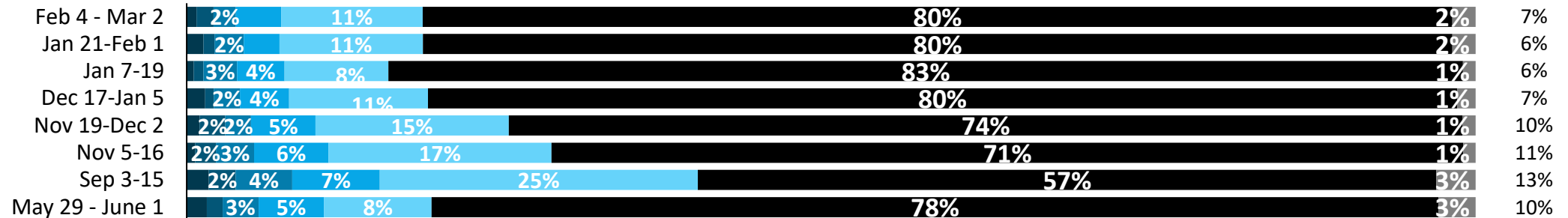


Over the past 7 days, how often have you done each of the following?

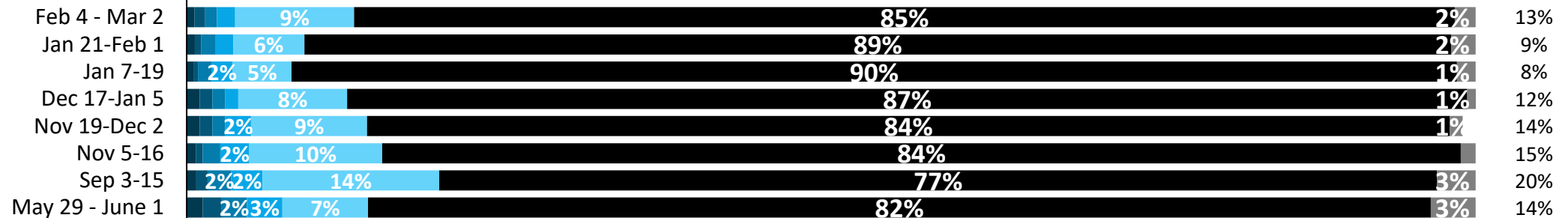
[asked of all respondents; n=2,000]

% At least once

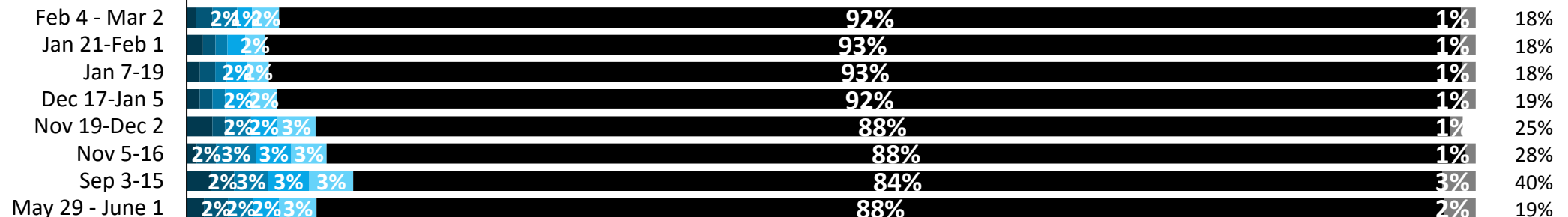
Ate out at a restaurant



Made a trip to a salon or hairdresser



Made a trip to a gym

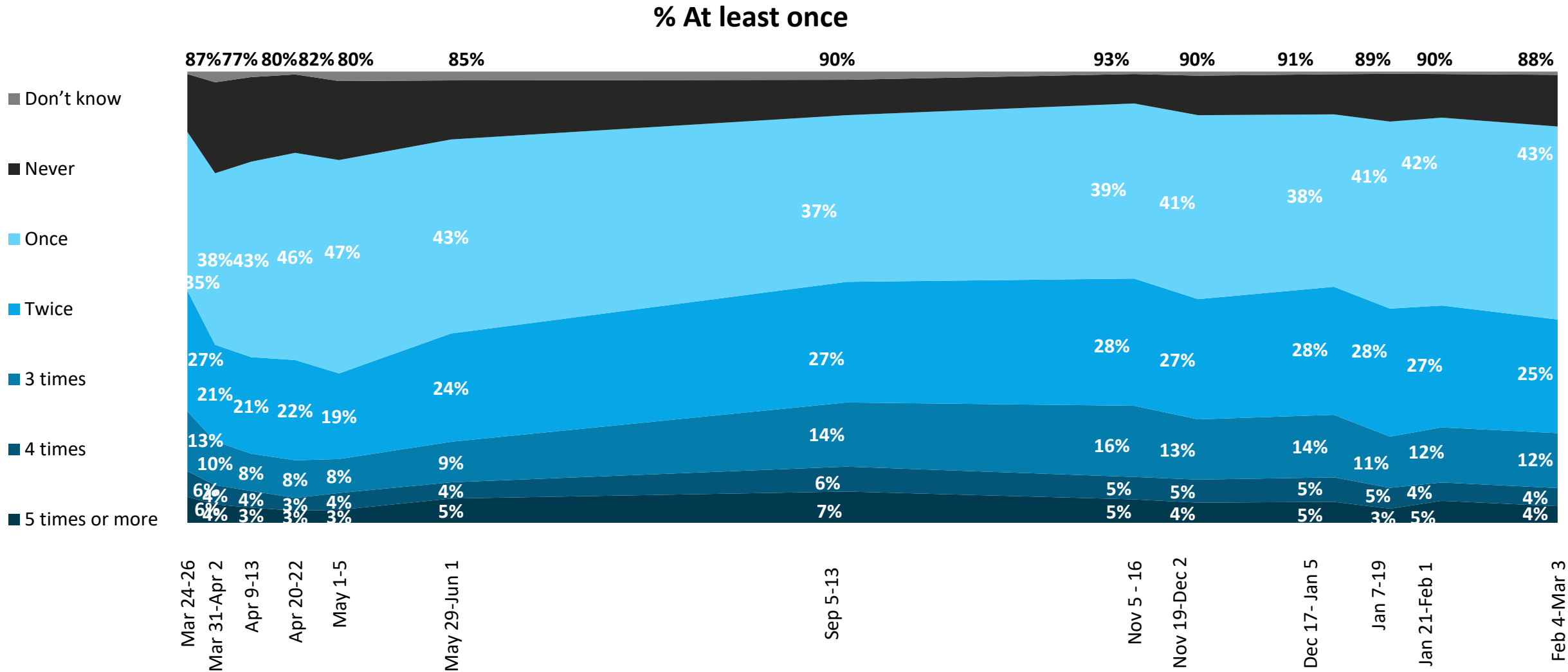


■ 5 times or more ■ 4 times ■ 3 times ■ Twice ■ Once ■ Never ■ Don't know

Trip to Grocery/Drug Store: Trips to the grocery and drug store have remained stable since September



Over the past 7 days, how often have you done each of the following? **Made a trip to a grocery store or a drug store**
[asked of all respondents, n=2,000]

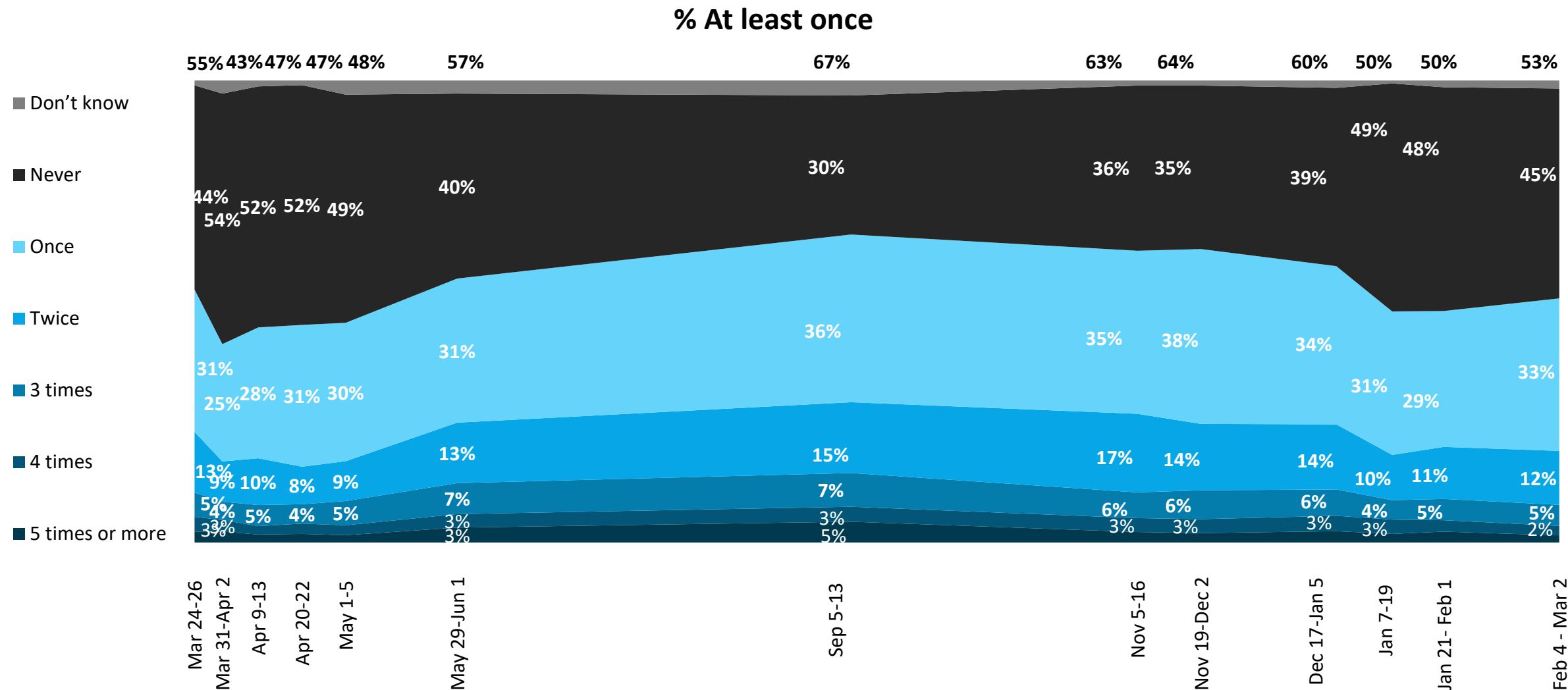


Note: Labels not shown for categories with a frequency of less than 2%

Trip to Other Store: The share saying they have made a trip to another type of store up by 3 points since January at 53%



Over the past 7 days, how often have you done each of the following? **Made a trip to a store other than a grocery store or a drug store**
[asked of all respondents, n=2,000]



Note: Labels not shown for categories with a frequency of less than 2%

Social Activities: The most common social activity is meeting up with friends outdoors, followed by visiting someone in their home

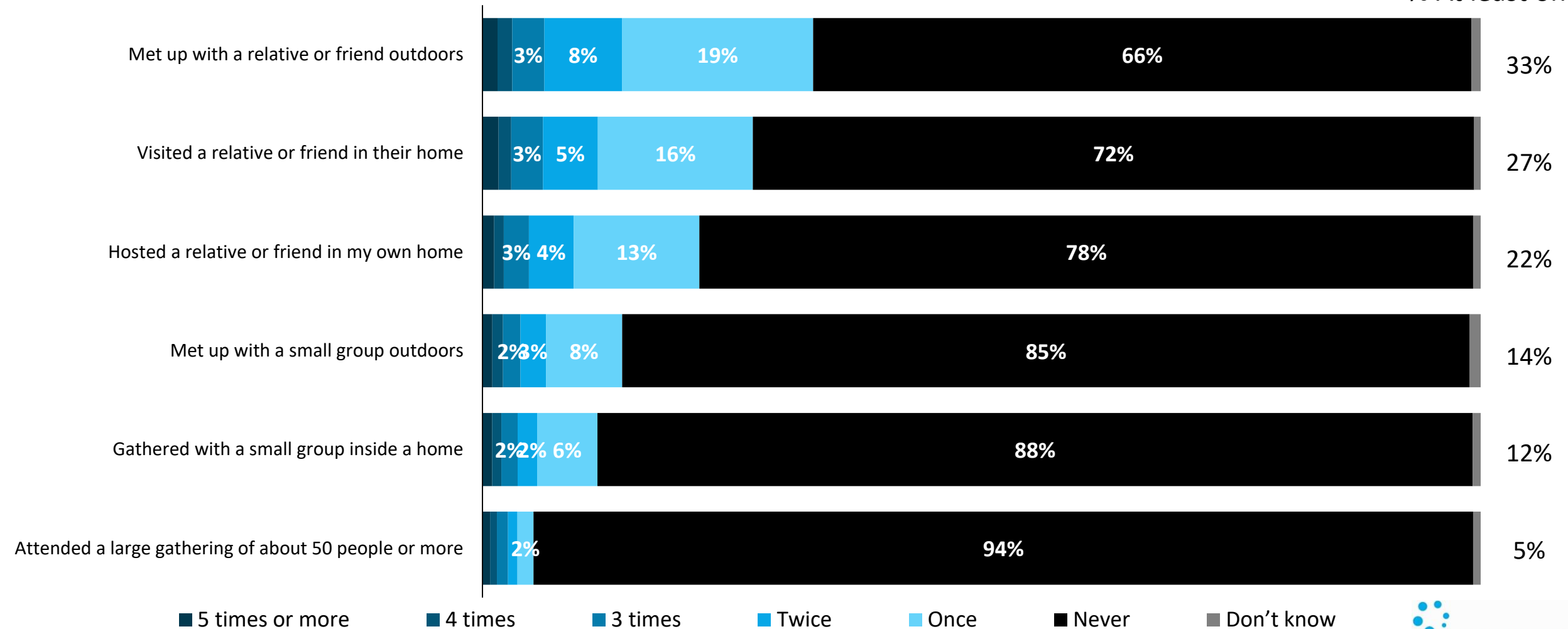


Over the past 7 days, how often have you done each of the following?

[asked of all respondents, n=2,000]

Current Wave: February 4-March 2, 2021

% At least once

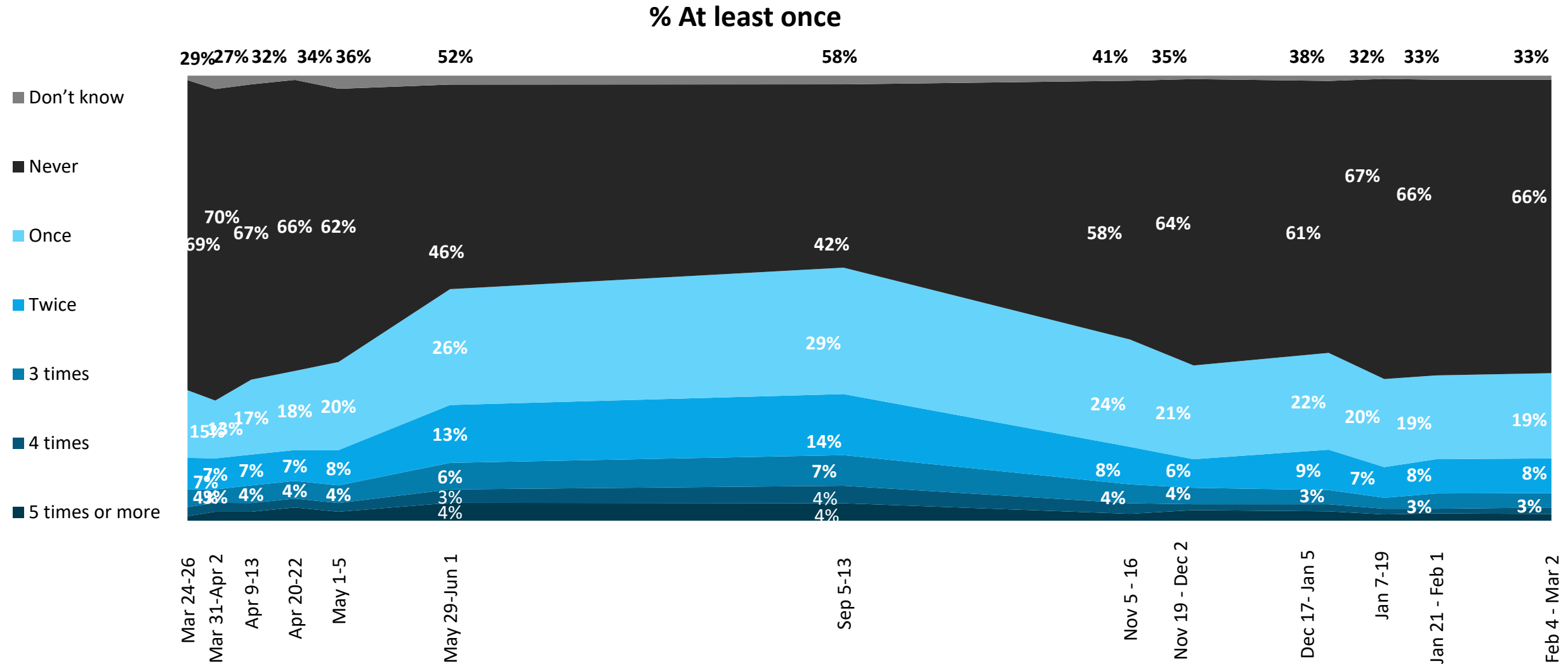


Meetup, Friend/Relative Outdoors: 1-in-3 (33%) say they have met up with a friend/relative outdoors in the last week; steady since mid-January



Over the past 7 days, how often have you done each of the following? **Met up with a relative or friend outdoors**

[asked of all respondents, n=1,000]

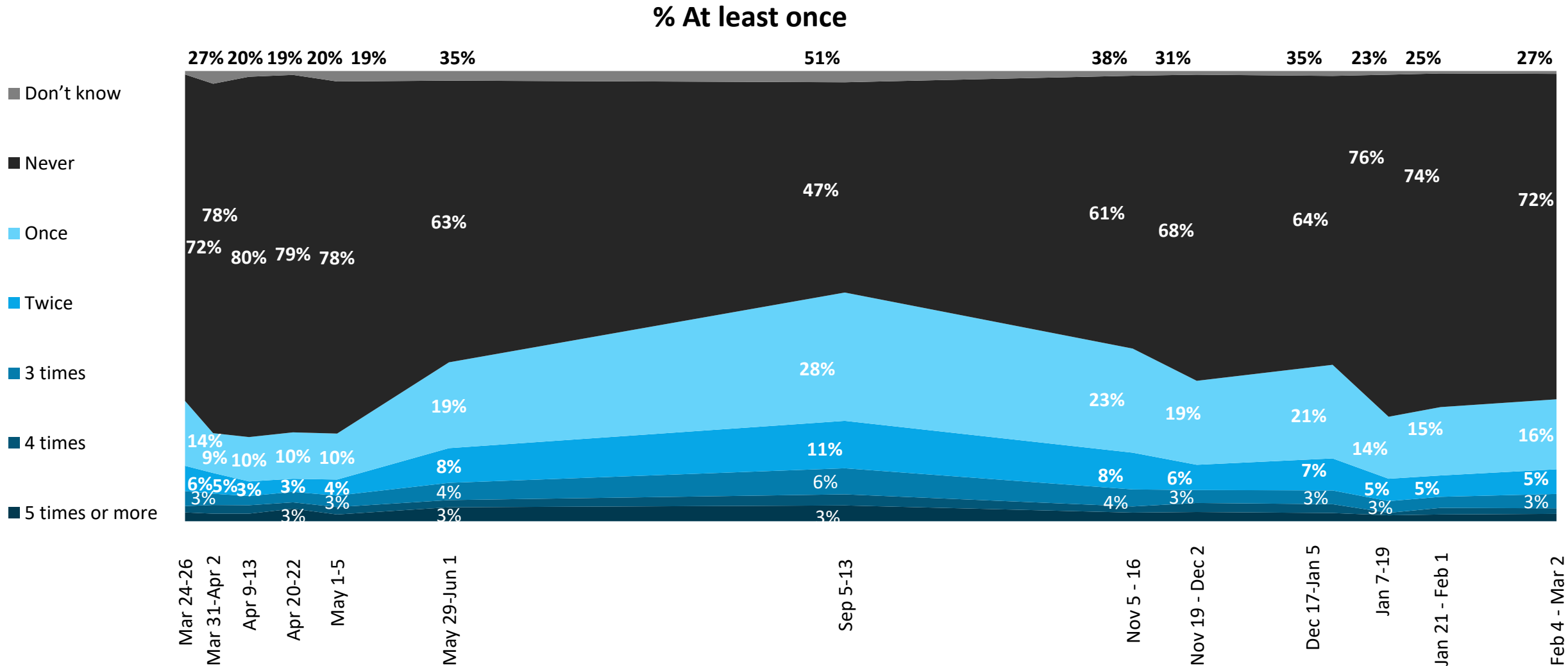


Note: Labels not shown for categories with a frequency of less than 2%

Visit in Home: Visits to friends/relatives in their home is steady after a drop from late December to mid-January



Over the past 7 days, how often have you done each of the following? **Visited a relative or friend in their home**
[asked of all respondents, n=2,000]

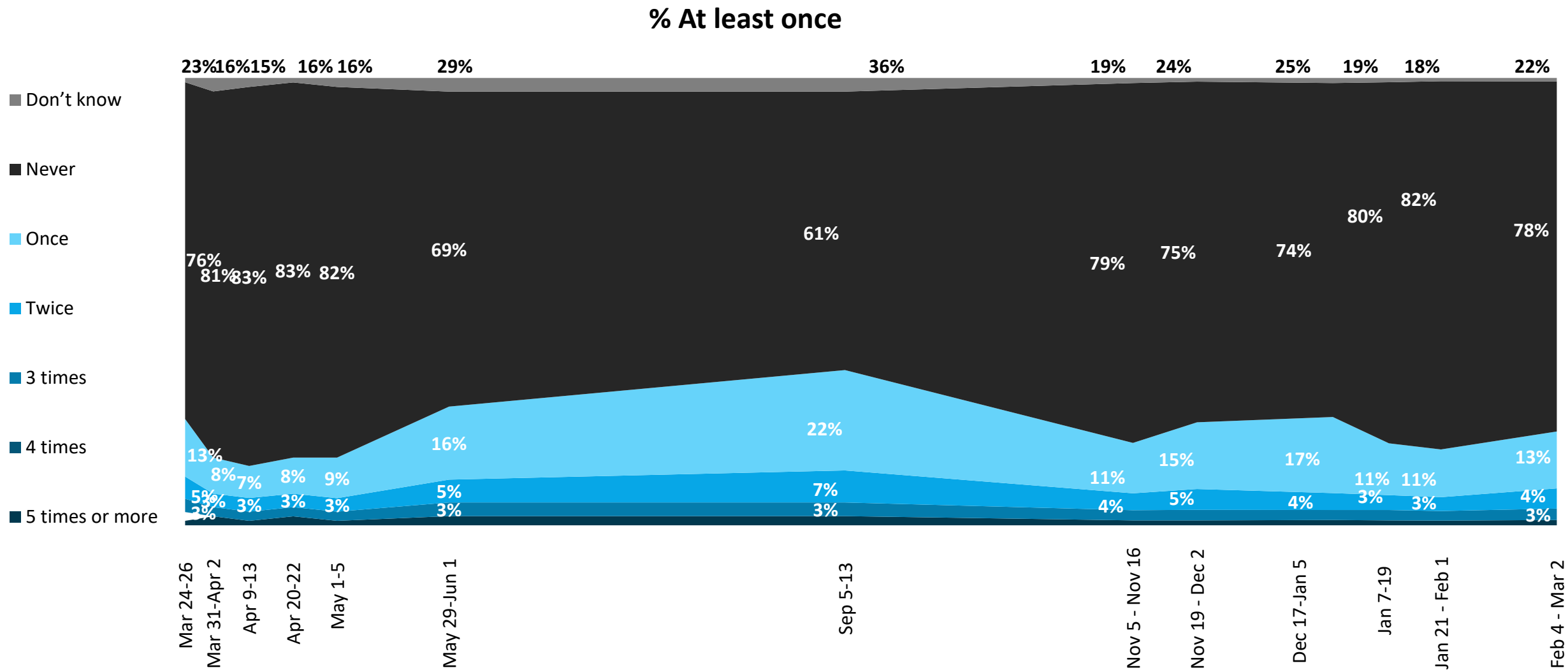


Note: Labels not shown for categories with a frequency of less than 2%

Hosted Friend/Relative: The share of respondents who have hosted a friend or relative at their home is up by 4 points since January '21



Over the past 7 days, how often have you done each of the following? **Hosted a relative or friend in my own home**
[asked of all respondents, n=2,000]

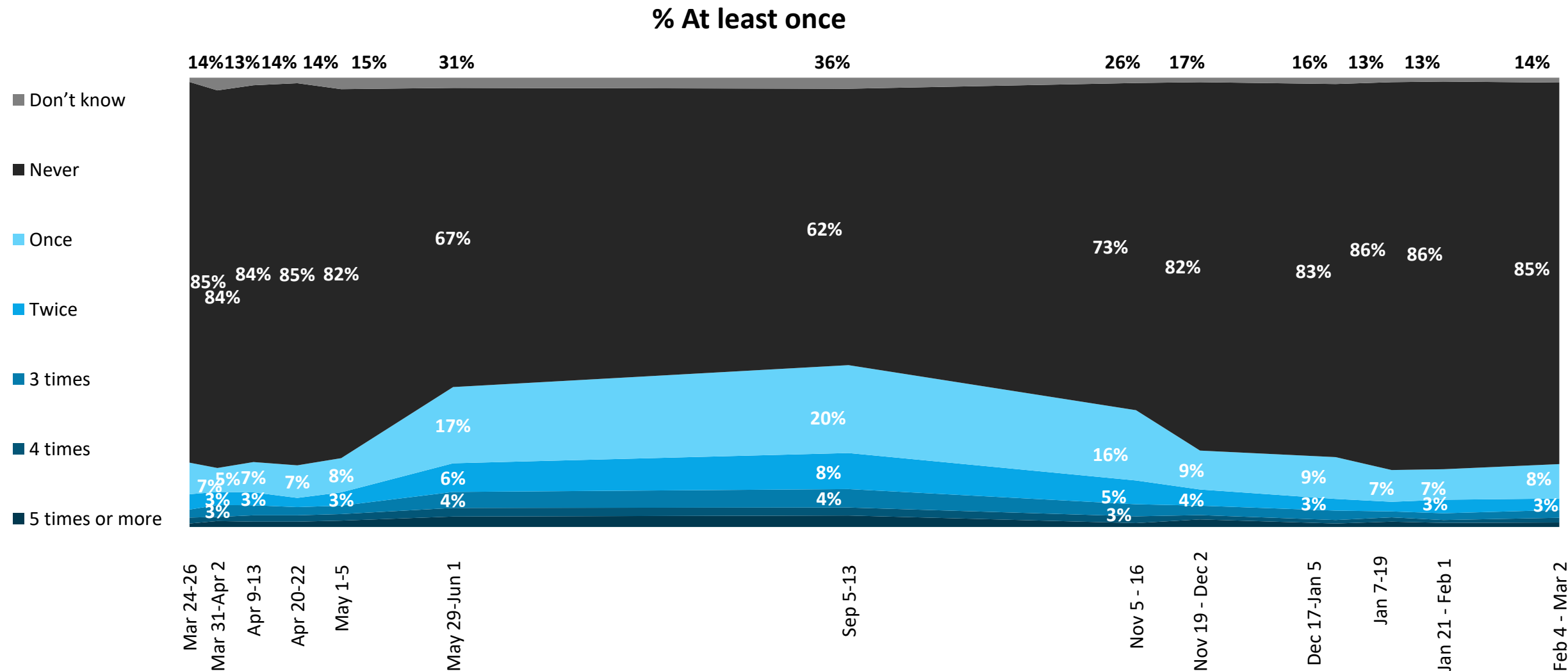


Note: Labels not shown for categories with a frequency of less than 2%

Small Group, Outdoors: Only 14% say they've met up with a small group outdoors; steady since mid-January



Over the past 7 days, how often have you done each of the following? **Met up with a small group outdoors**
[asked of all respondents, n=2,000]

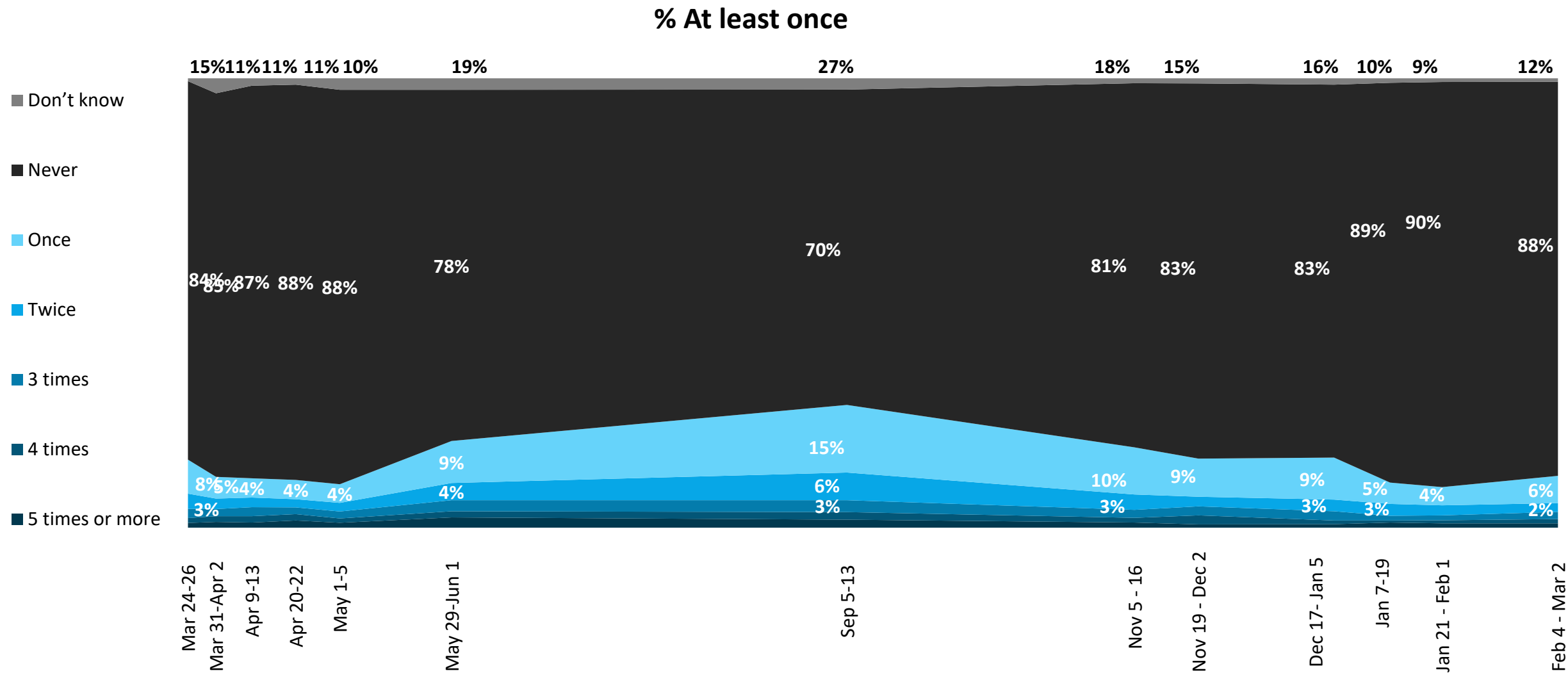


Note: Labels not shown for categories with a frequency of less than 2%

Gathered with Group, Home: Small gatherings in homes are up to 12%¹³ after reaching its lowest point (9%) in January '21



Over the past 7 days, how often have you done each of the following? **Gathered with a small group inside a home**
[asked of all respondents, n=2,000]

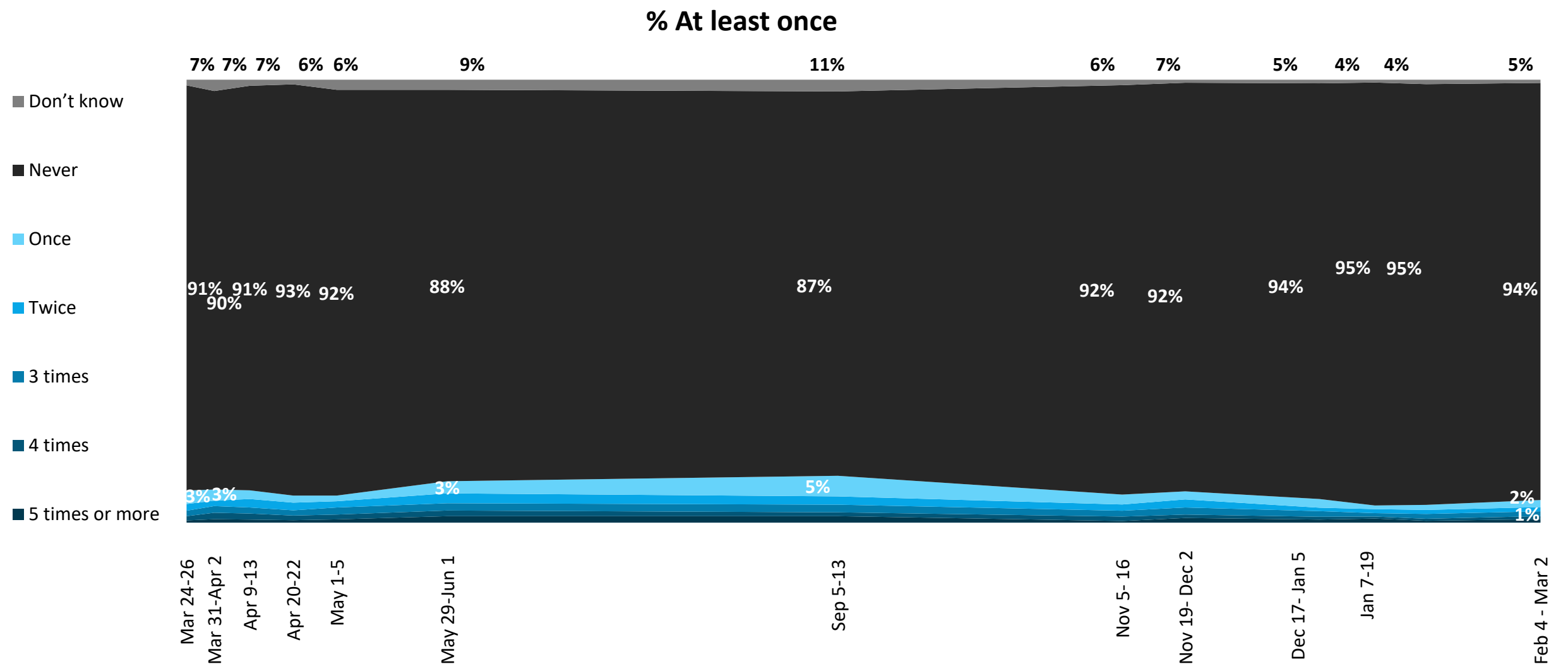


Note: Labels not shown for categories with a frequency of less than 2%

Attended Large Gathering: Only 5% of respondents say they have attended a large gathering in the last week



Over the past 7 days, how often have you done each of the following? **Attended a large gathering of about 50 people or more**
[asked of all respondents, n=2,000]



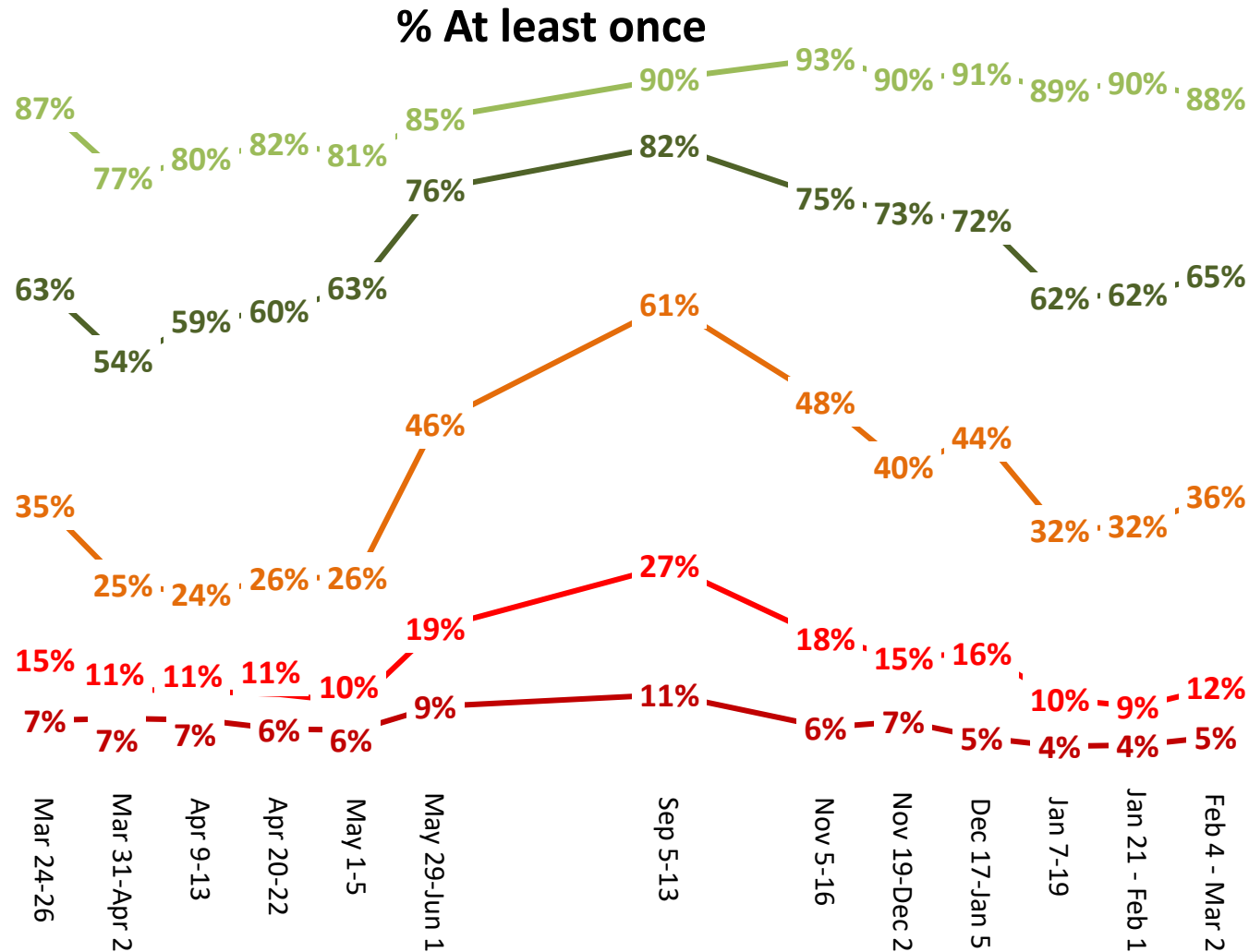
Note: Labels not shown for categories with a frequency of less than 2%

Activities: The share of Canadians engaging in 'modest', 'moderate' and 'more' risk activities have increased directionally since January



Over the past 7 days, how often have you done each of the following?

[all respondents, n=2,000]



We asked respondents how many times they have done each behaviour separately and summed their responses into the following risk categories:

Lowest risk

- Made a trip to a grocery store or a drug store

Modest risk

- Made a trip to a store other than a grocery store or a drug store
- Met up with a relative or friend outdoors
- Met up with a small group outdoors

Moderate risk

- Visited a relative or friend in their home
- Hosted a relative or friend in my own home

More risk

- Gathered with a small group inside a home

Most risk

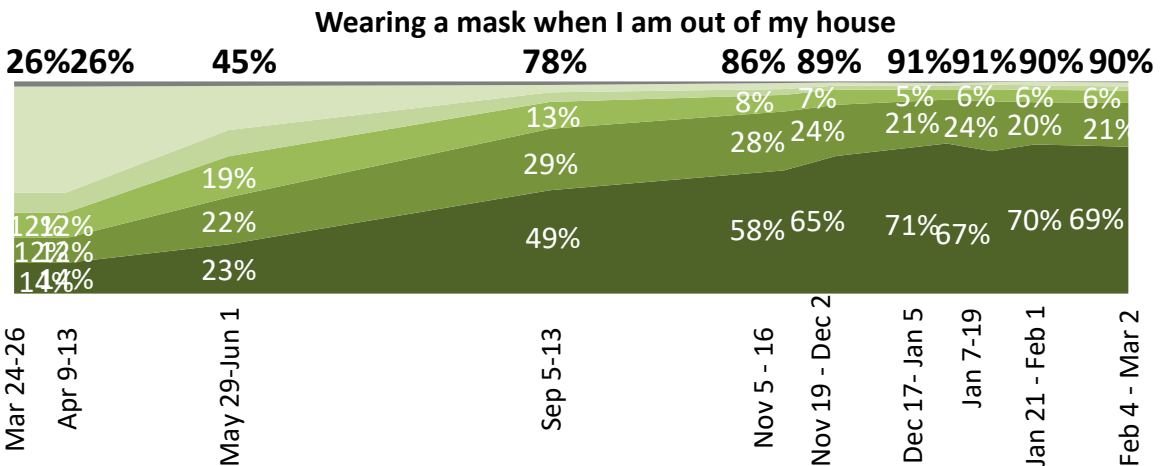
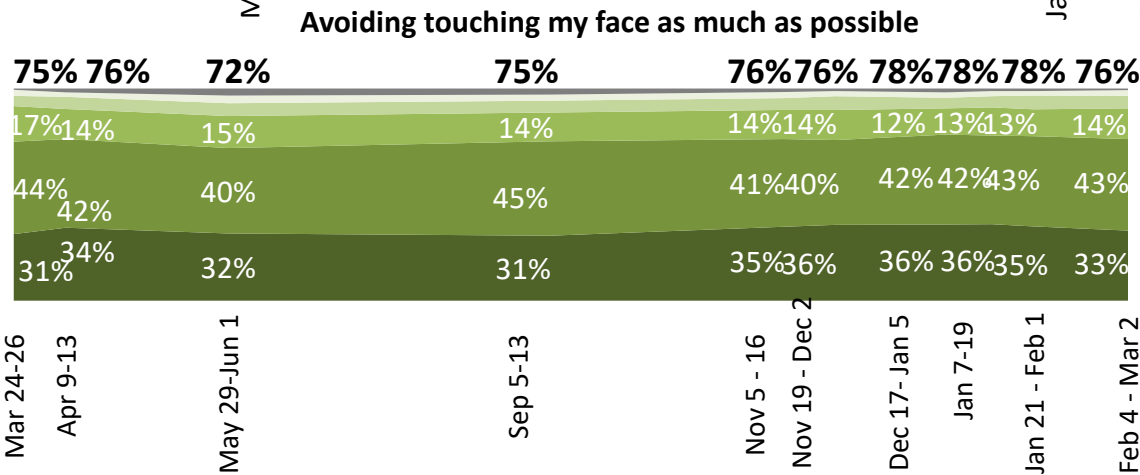
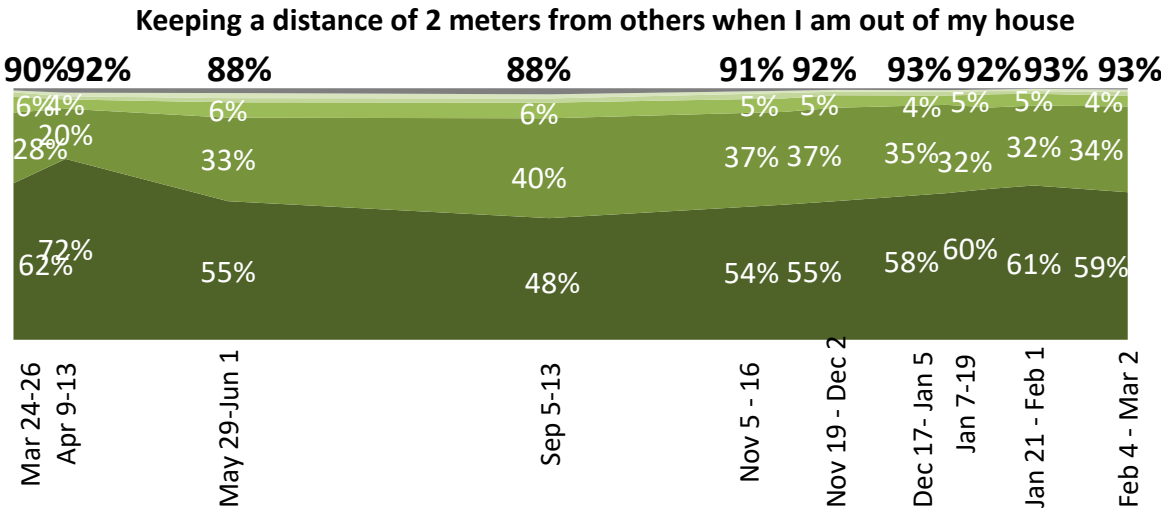
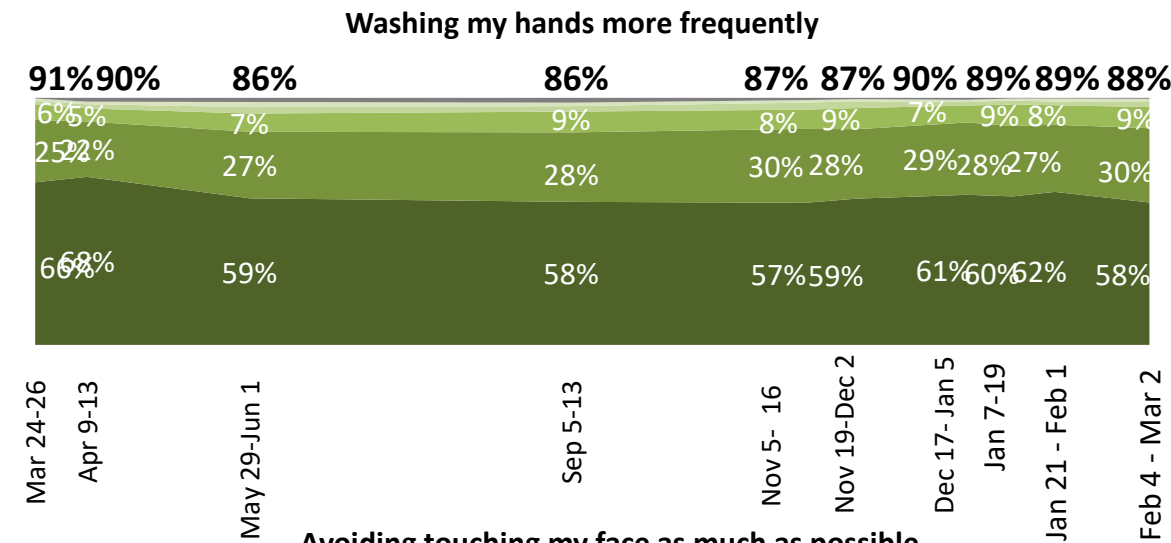
- Attended a large gathering of about 50 people or more

Protective Behaviours: All protective behaviours are steady since mid December



And specifically, how often are you doing each of the following things to reduce the chance you will get COVID-19 or pass it to others?
[asked of all respondents, n=2,000]

% All/Most of the Time



■ All the time ■ Most of the time ■ Occasionally ■ Rarely ■ Never ■ Don't know

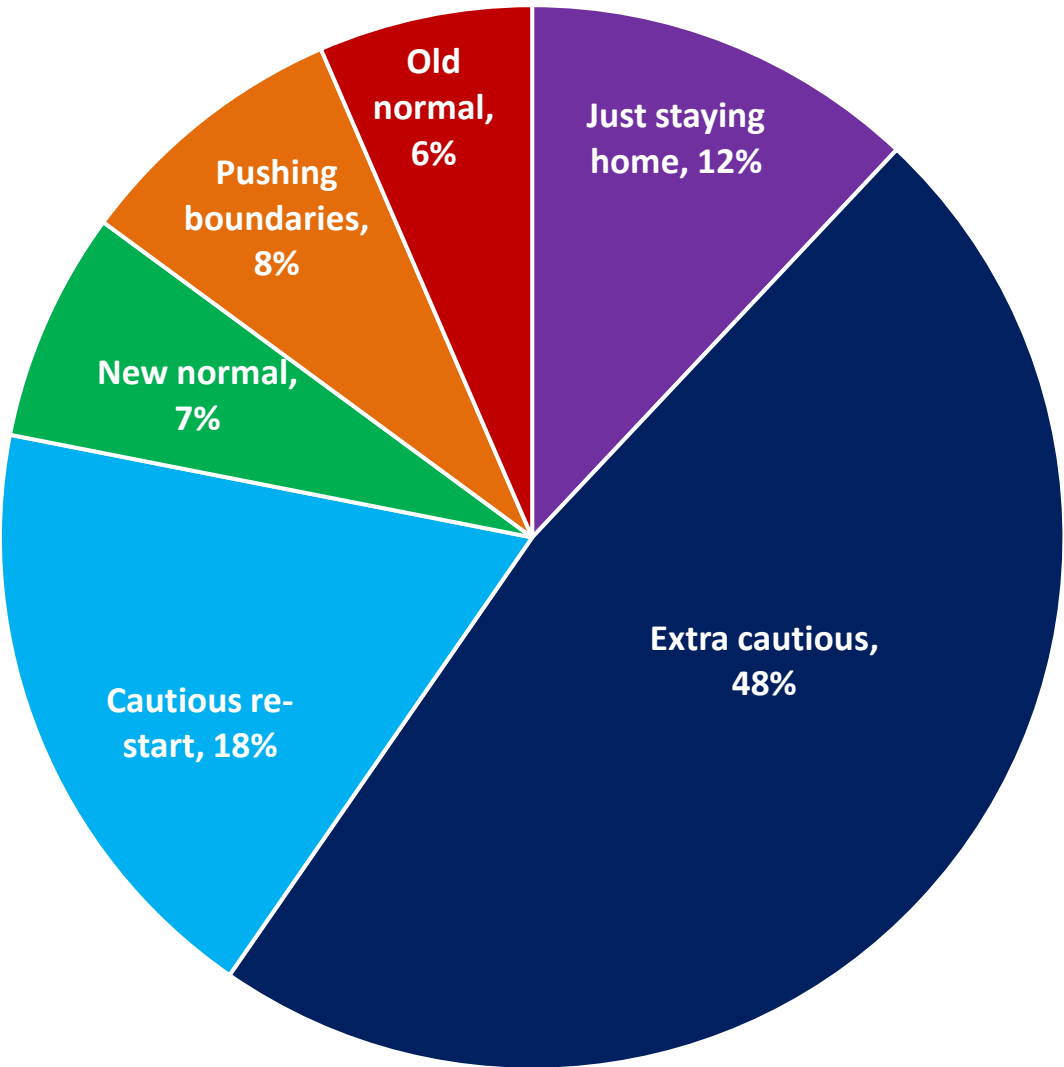
COVID-19 Behaviour Segments

INNOVATIVE splits Canadians into 6 different groups based on how many activities they engage in and how frequently they report taking precautionary measures such as hand washing and wearing a mask.

Half of Canadians (48%) are taking every precaution while rarely leaving the house.

Behaviour Segments: Half (48%) of Canadians report staying home and nearly always taking every precaution¹⁸

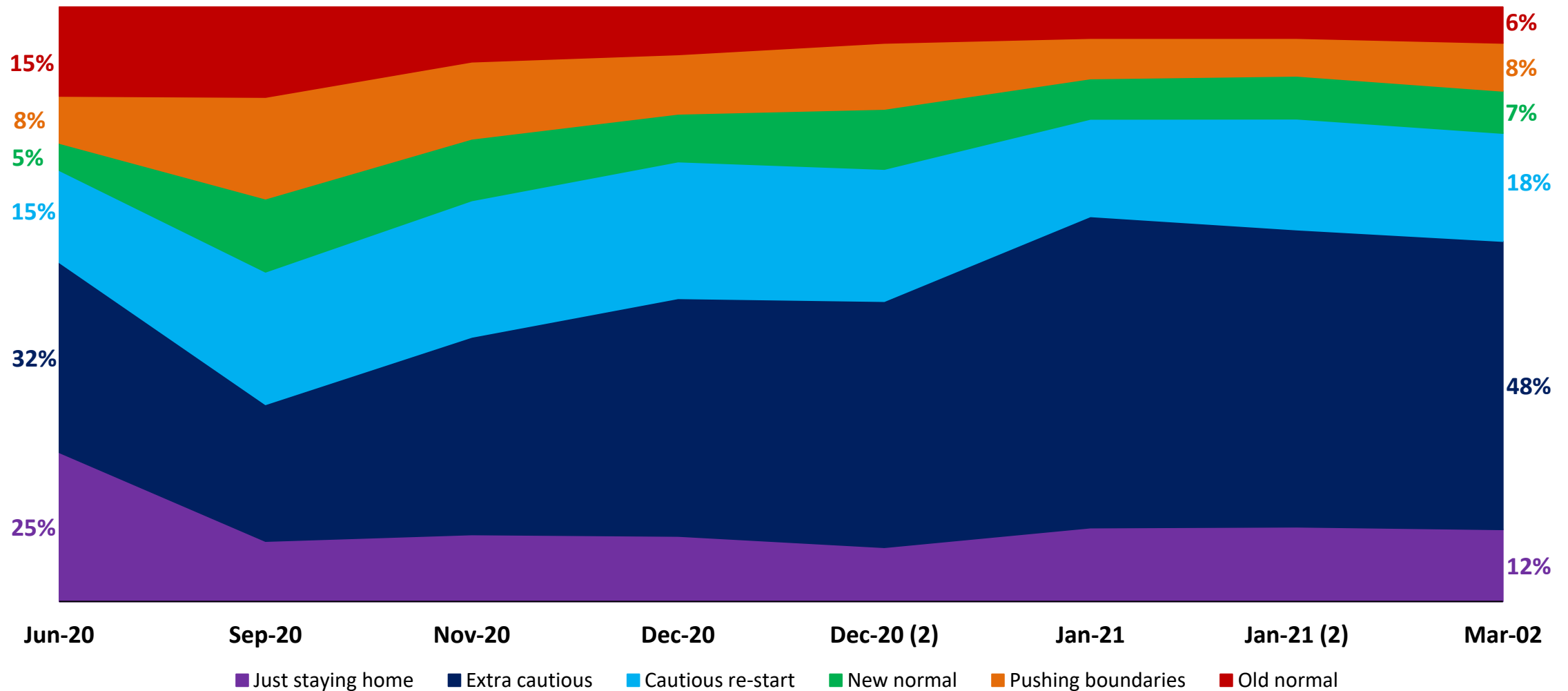
We use the amount of activities respondents report doing as well as how frequently they say they practice good behaviours to create six different segments of the population.



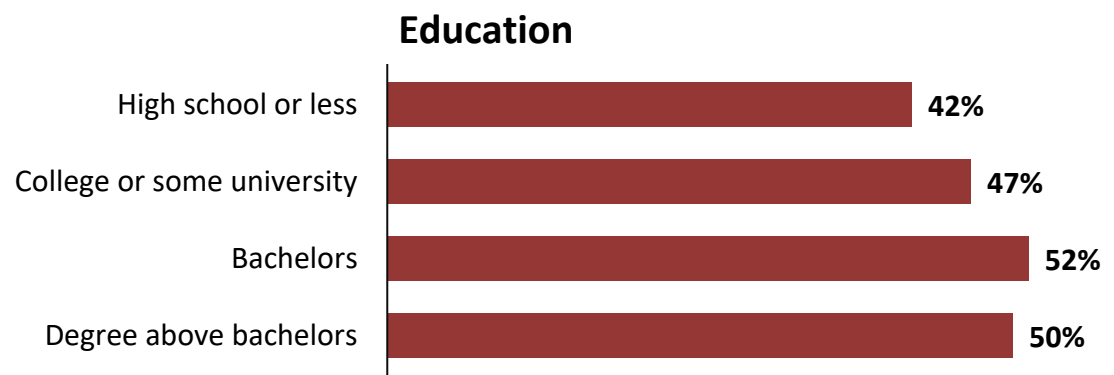
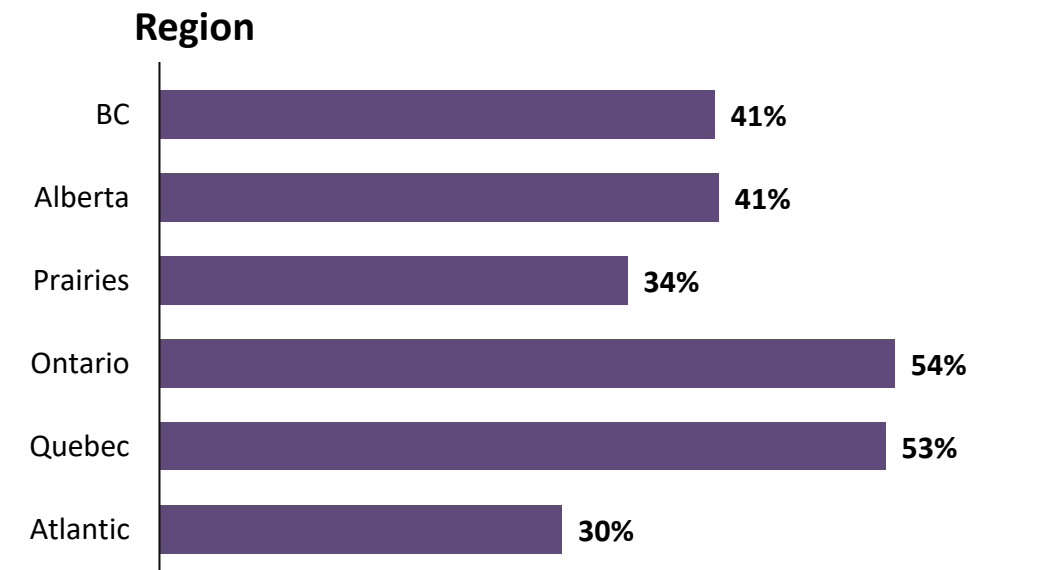
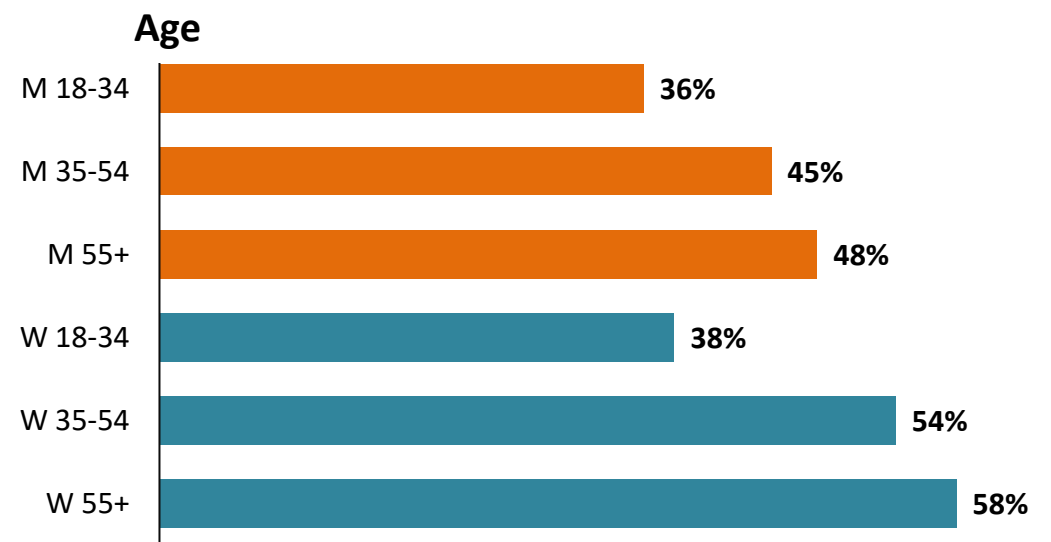
Segment	Description
Just staying home	Mostly staying home BUT not taking many precautions
Extra cautious	Staying home AND nearly always taking every precaution
Cautious re-start	A few activities a week AND mostly or always taking precautions
New normal	Many activities a week BUT nearly always taking every precaution
Pushing boundaries	Several activities week BUT moderate adherence to precautions
Old normal	Many, many activities a week AND minimal to no precautions

Behaviour Segment Tracking: The share of Canadians being 'extra cautious' is steady through January at half (48%)

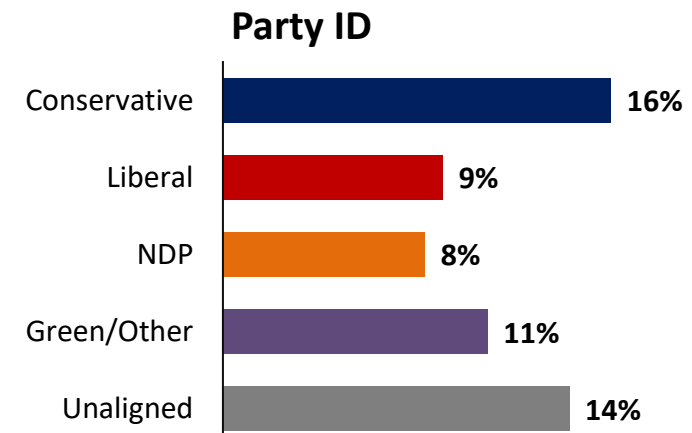
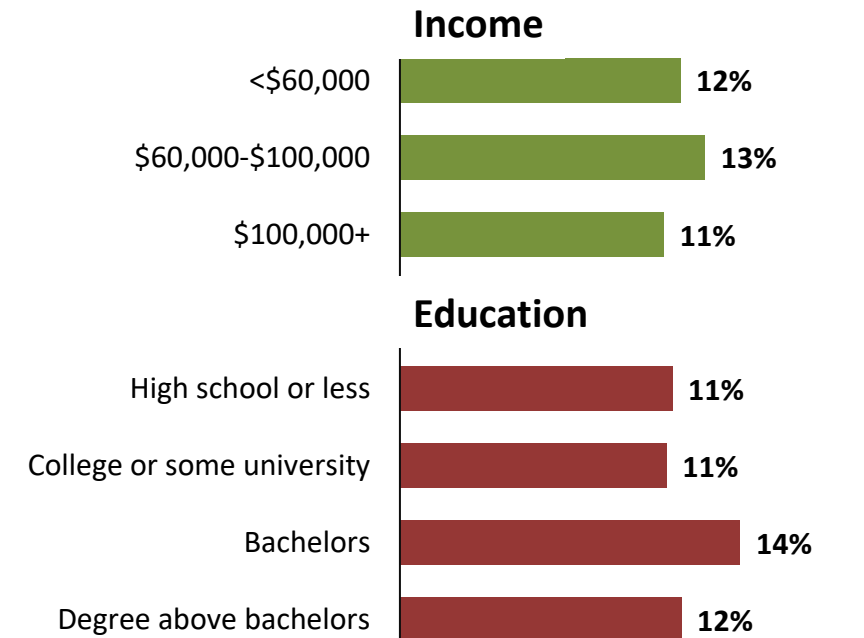
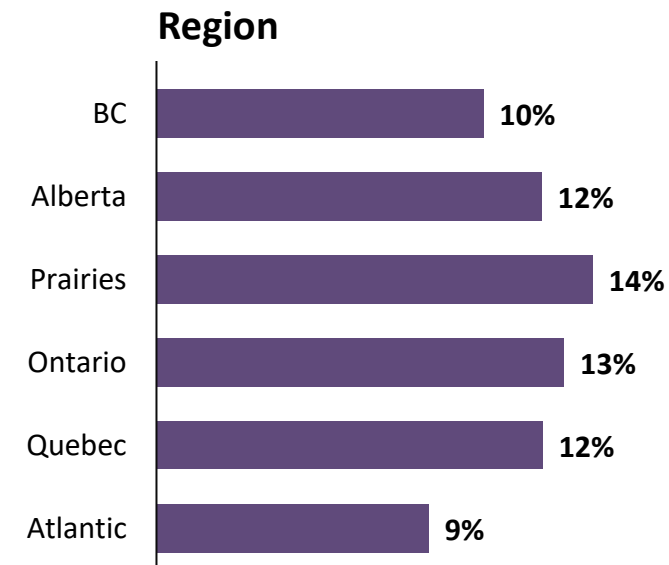
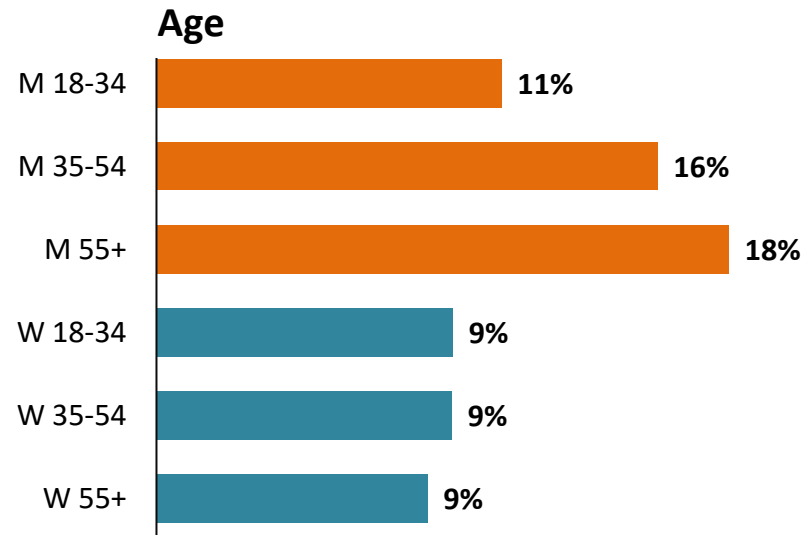
We use the amount of activities respondents report doing as well as how frequently they say they practice good behaviours to create six different segments of the population.



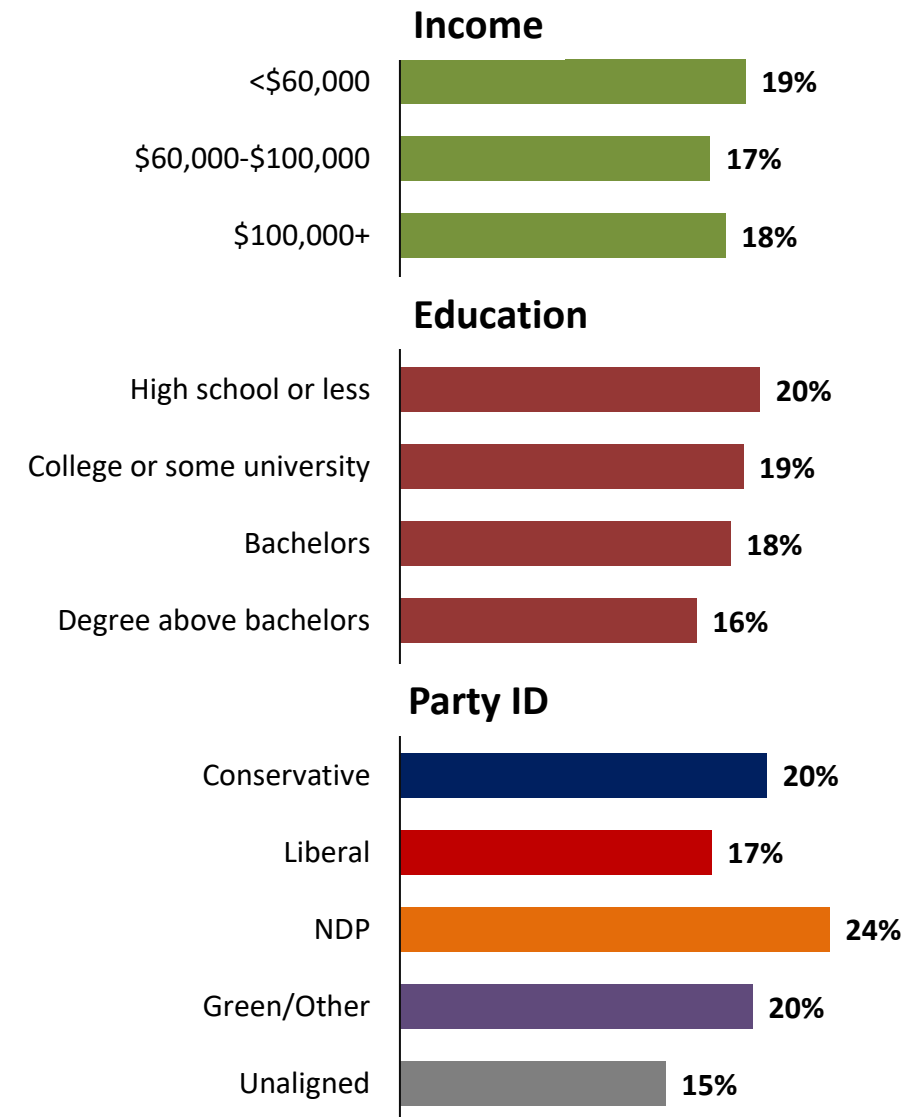
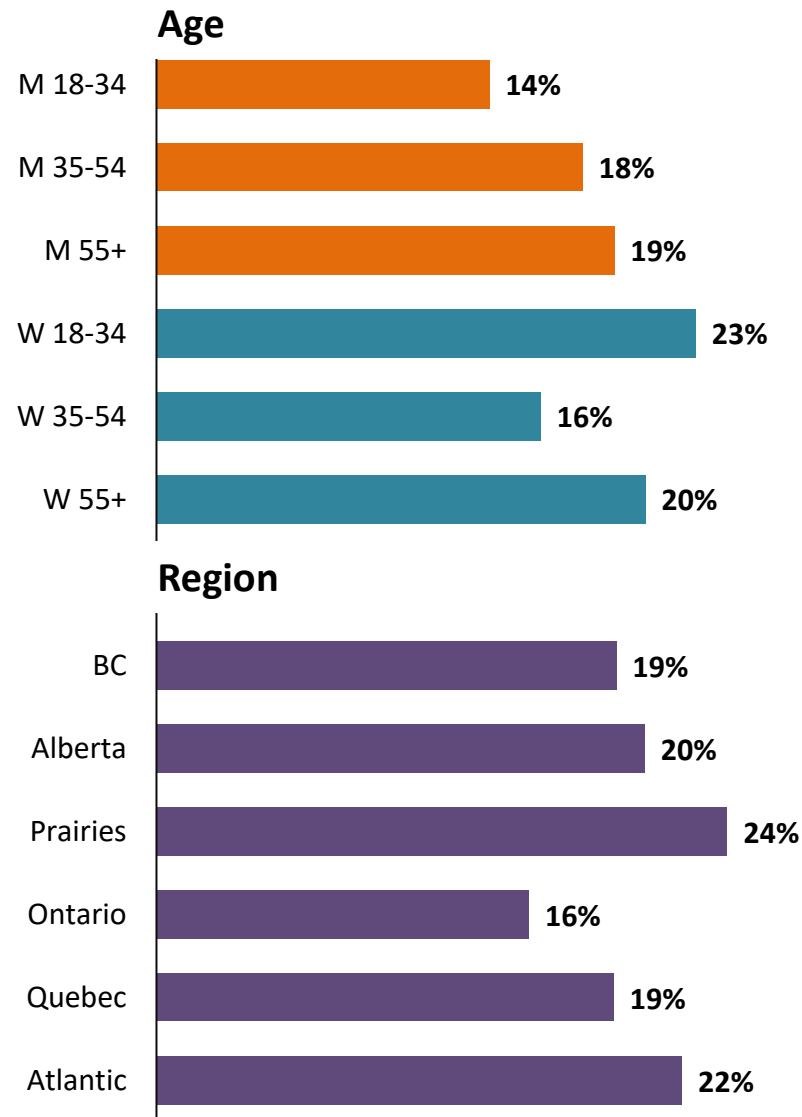
Extra Cautious: Older respondents and those from Ontario and Quebec²⁰ are the most likely to be in the ‘extra cautious’ segment



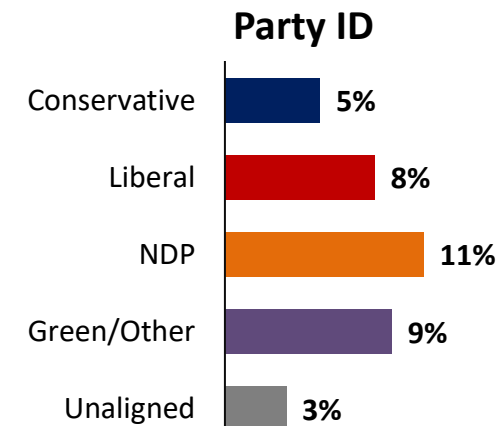
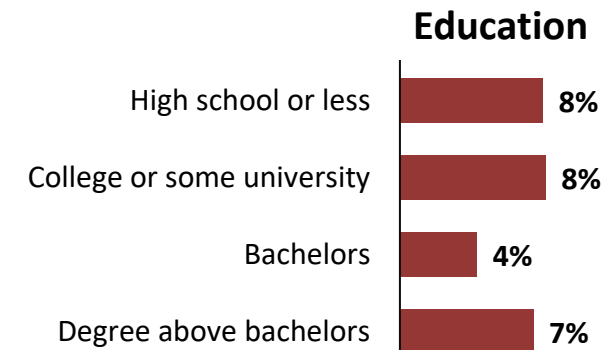
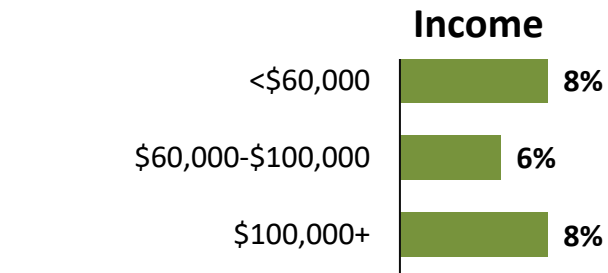
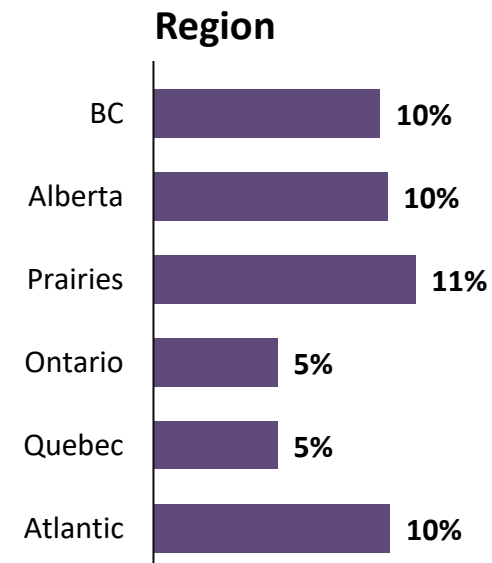
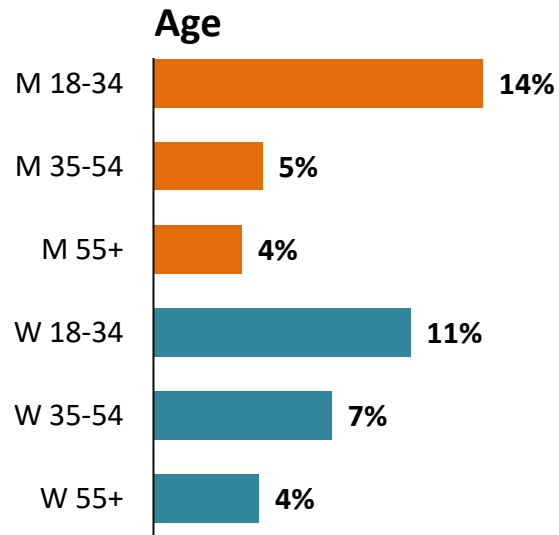
Just staying home: Men, and respondents from the Prairies are the most likely to be in the 'just staying home' group



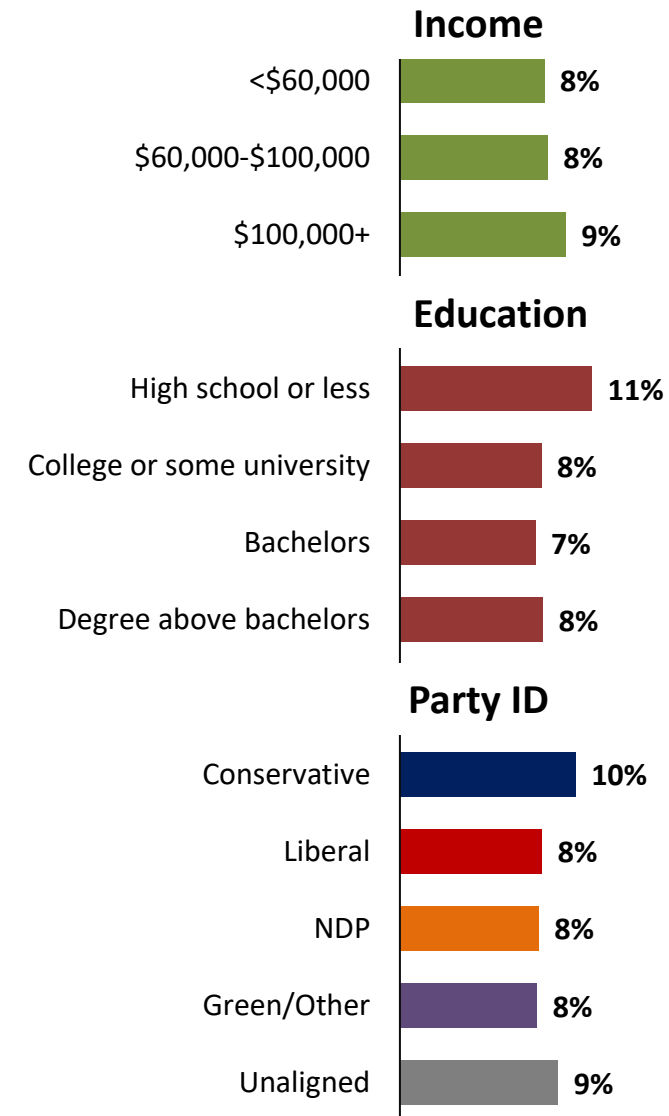
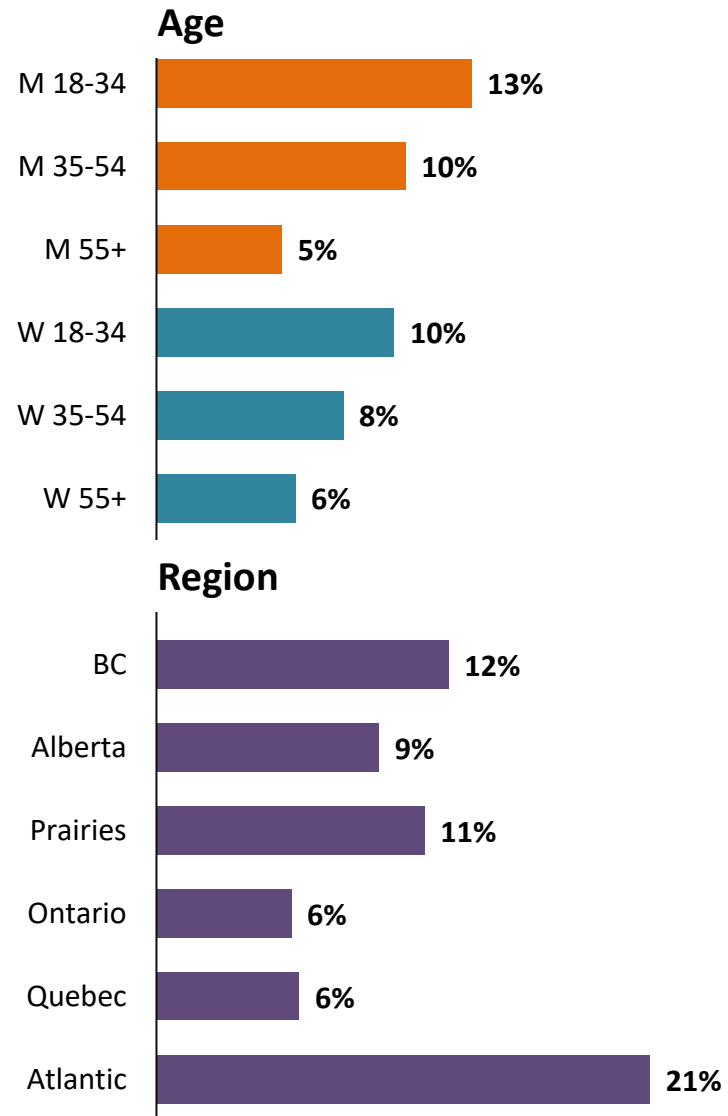
Cautious re-start: Respondents in the Prairies and women 18-34 are mostly likely to be in the “cautious re-start” group



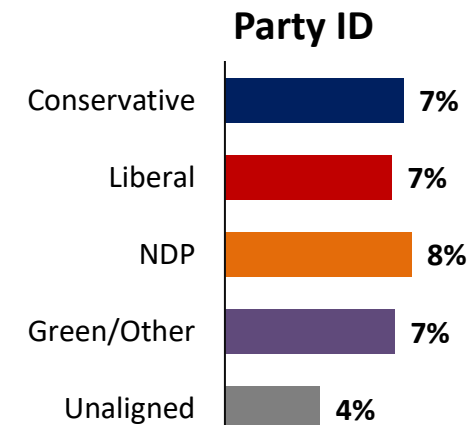
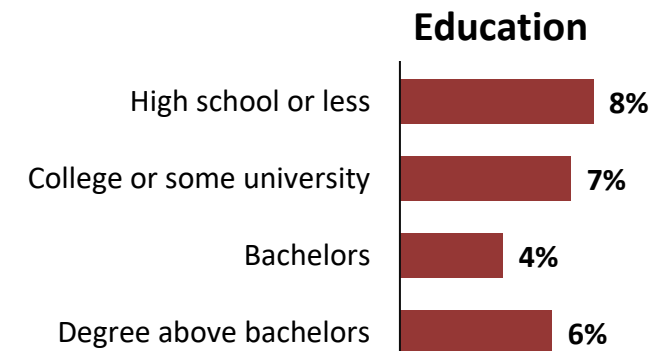
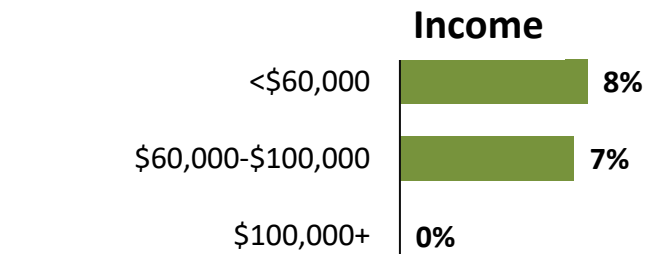
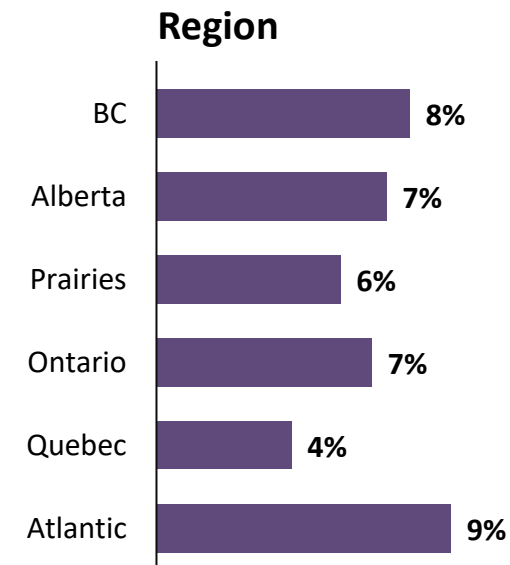
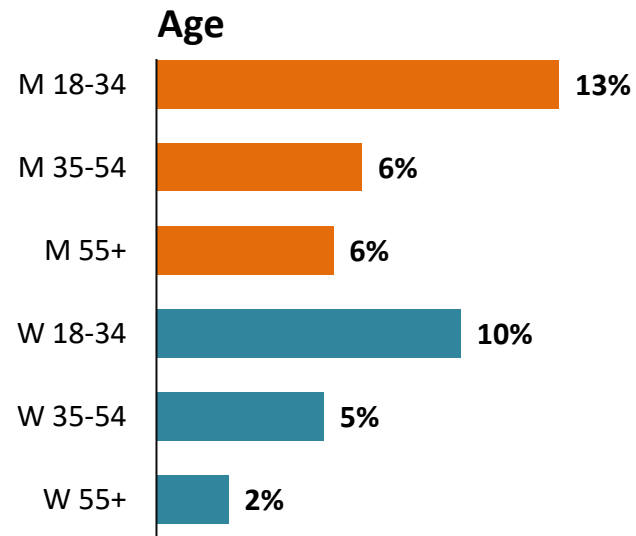
New normal: Young respondents are most likely to go out often but always take precautions



Pushing Boundaries: Those in Atlantic Canada and those under 35 are most likely to be pushing the boundaries



Old Normal: Men under 35 and Atlantic Canada are most likely to be doing many activities a week with minimal to no precautions



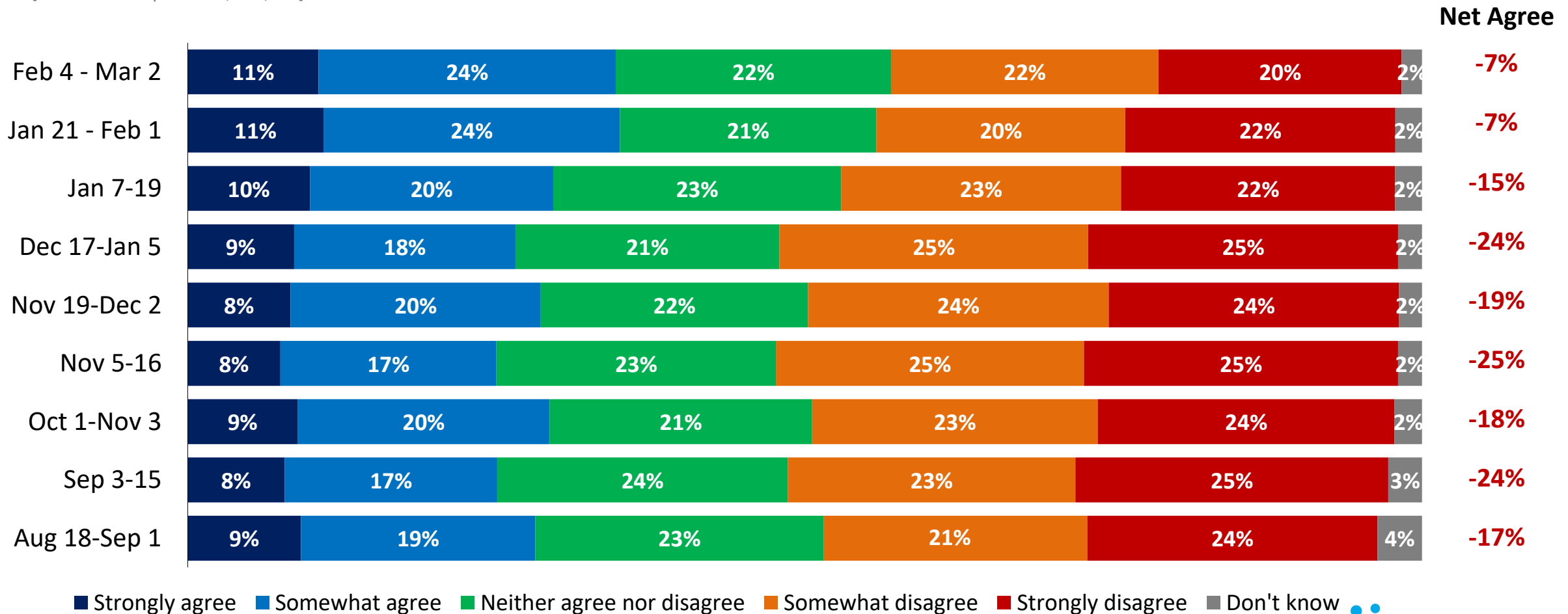
Attitudes and Beliefs

Those who are engaging in the riskiest behaviour while taking the fewest precautions are more likely to feel behavioural fatigue, but most in every group say they are taking every precaution they can.

Behavioural Fatigue: Agreement that 'I don't think I can keep up these changes' is steady since January '21 (35%)

Q Thinking about the changes you've made to your daily life as a result of COVID-19, do you agree or disagree with the following statement?
I don't think I can keep up these changes for very much longer.

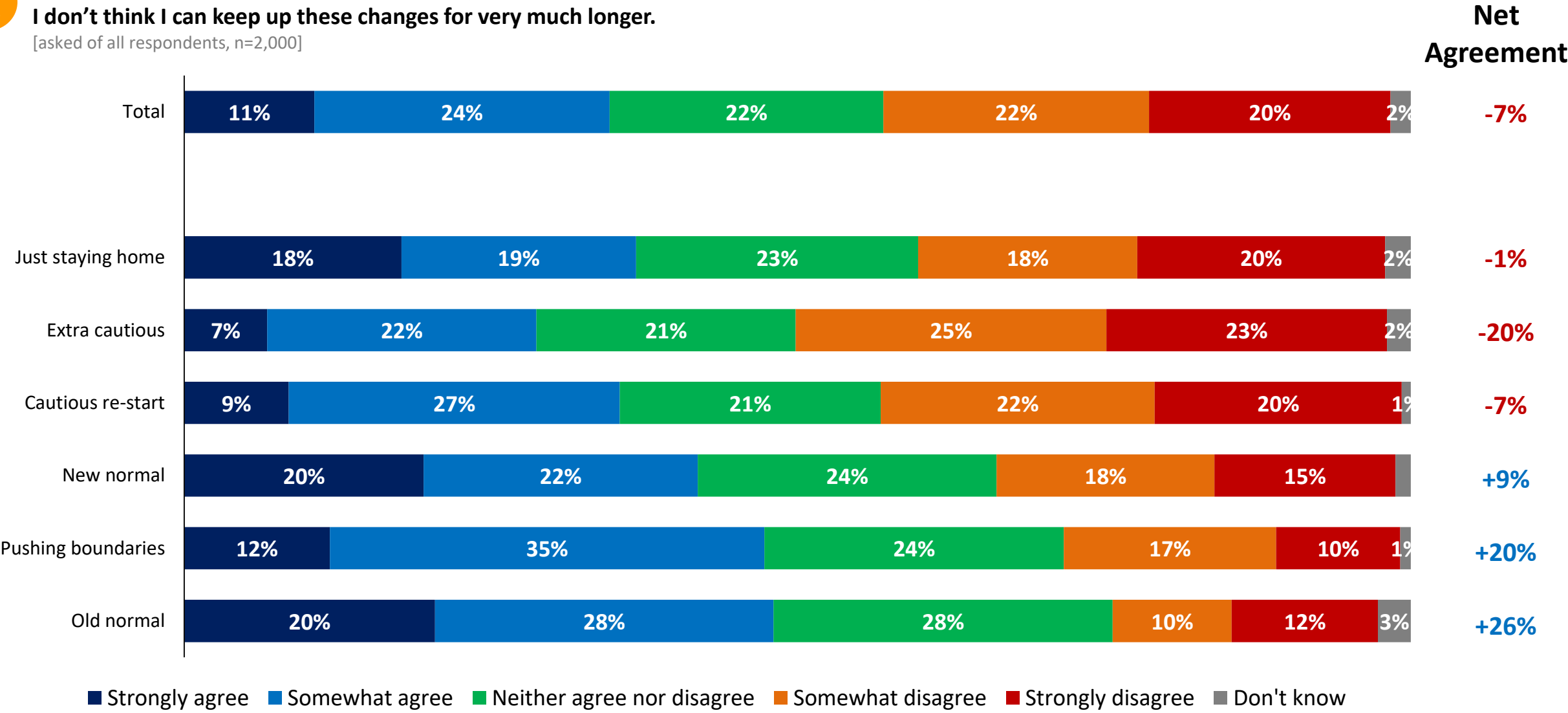
[asked of all respondents; n=2,000]



Behavioural Fatigue by Segment: Behavioural fatigue is highest among the “old normal” segment, who have made the fewest changes ²⁸



Thinking about the changes you’ve made to your daily life as a result of COVID-19, do you agree or disagree with the following statement?
I don’t think I can keep up these changes for very much longer.
[asked of all respondents, n=2,000]



Key Attitudes: 87% are confident they have taken all necessary steps to be protected, 72% are concerned about COVID returning



Do you agree or disagree with the following statements?

[asked of all respondents; n=2,000]

Net Agree

I am confident that I am taking all the steps needed to protect myself and my family from COVID-19



+87%

I am worried that if we don't take special precautions COVID-19 could come back and put more lives at risk



+72%

■ Strongly agree ■ Somewhat agree ■ Neither agree nor disagree ■ Somewhat disagree ■ Strongly disagree ■ Don't know

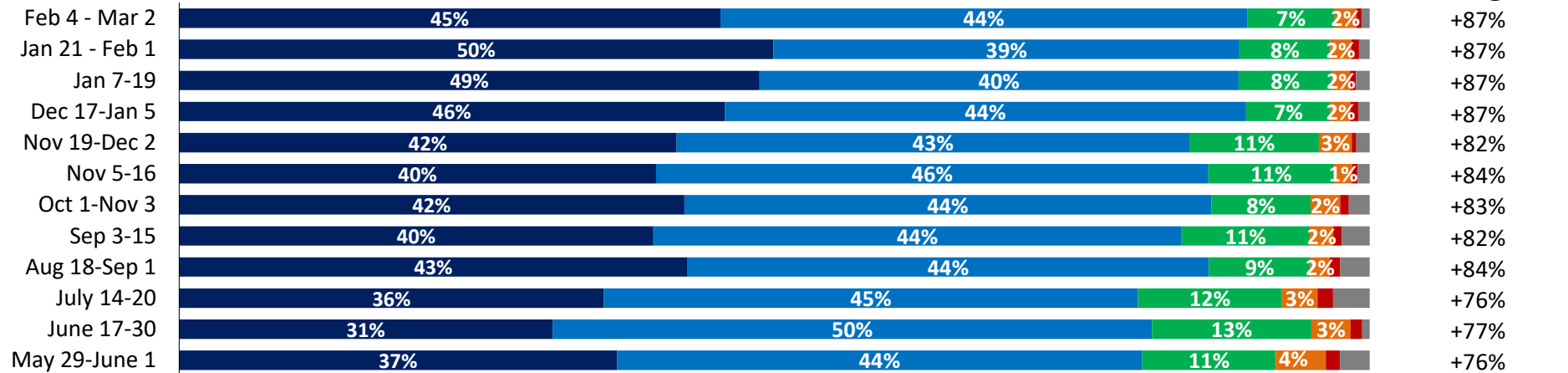
Key Attitudes: Respondents' confidence about taking the right steps and worry about COVID-19 putting more lives at risk is steady



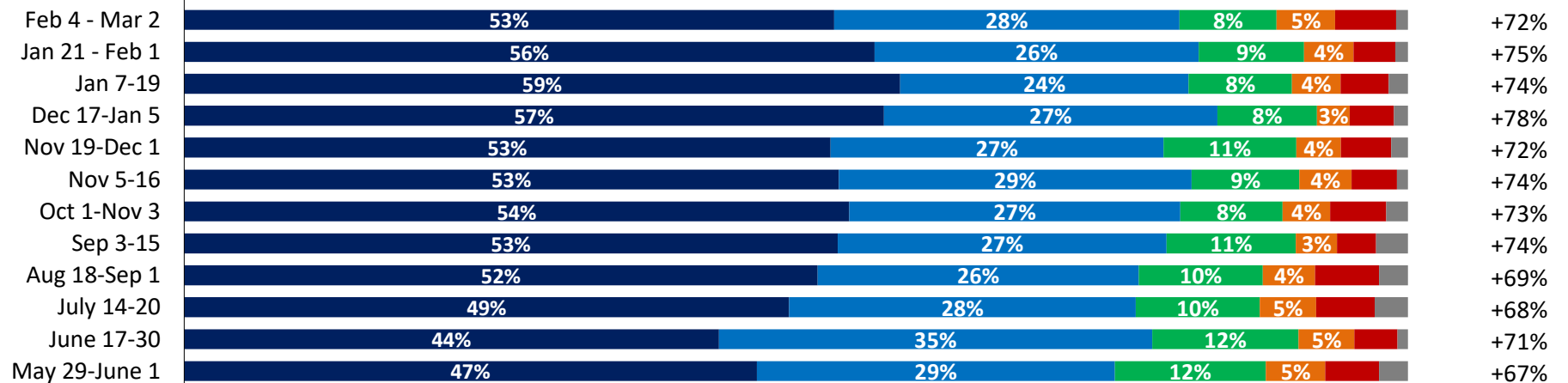
Do you agree or disagree with the following statements?

[asked of all respondents; n=2,000]

I am confident that I am taking all the steps needed to protect myself and my family from COVID-19



I am worried that if we don't take special precautions COVID-19 could come back and put more lives at risk



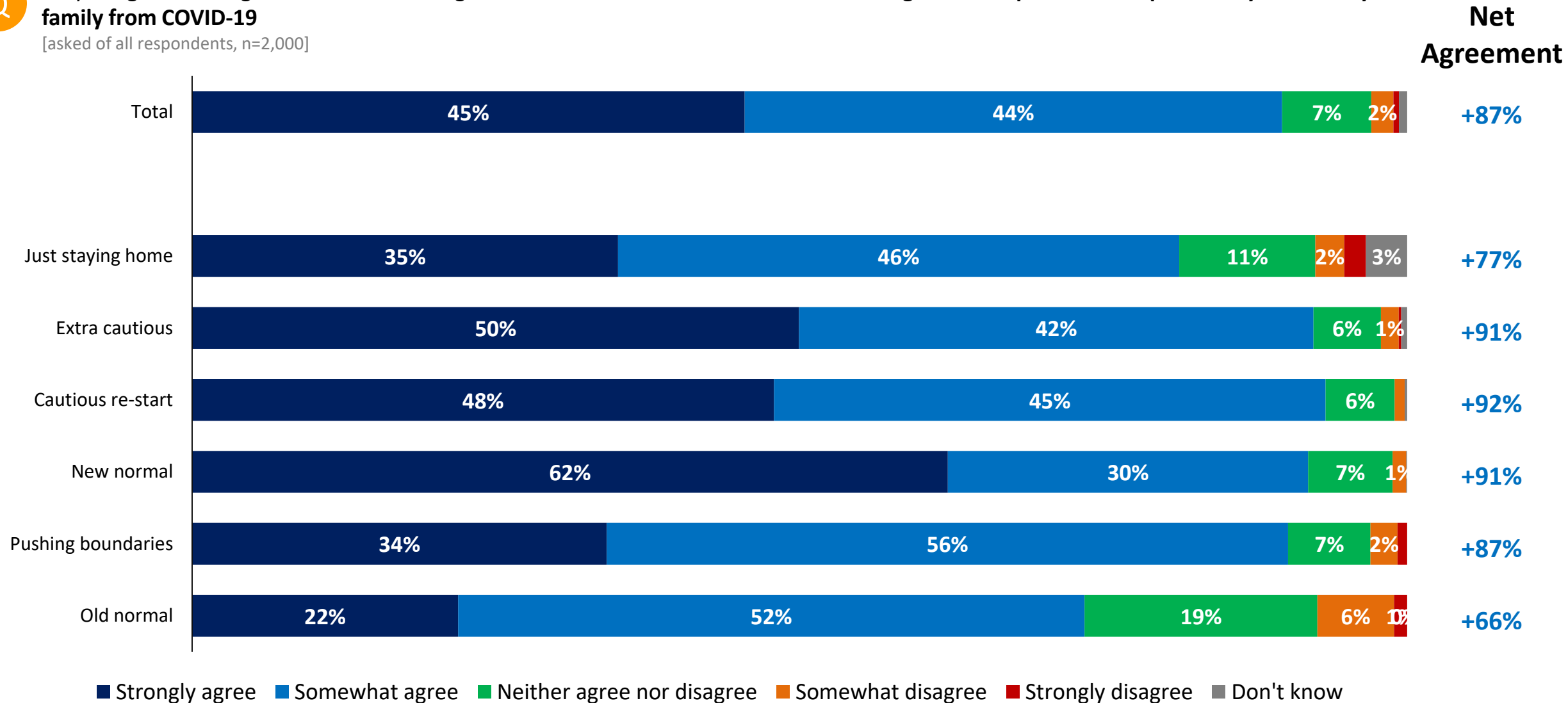
■ Strongly agree
■ Somewhat agree
■ Neither agree nor disagree
■ Somewhat disagree
■ Strongly disagree
■ Don't know

Confidence by Segment: Confidence is highest among the 'extra cautious', 'pushing boundaries' and 'new normal' groups



Do you agree or disagree with the following statements? - I am confident that I am taking all the steps needed to protect myself and my family from COVID-19

[asked of all respondents, n=2,000]

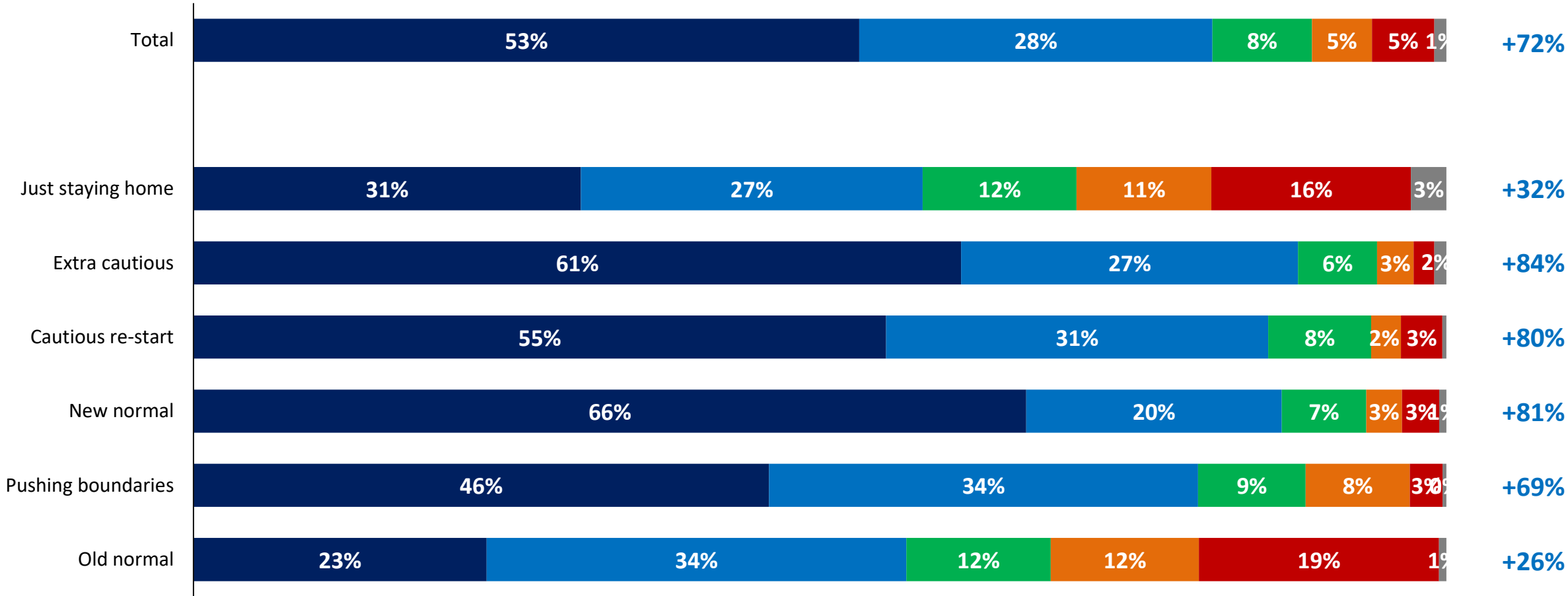


Worry by Segment: The least worried about COVID returning are those who do many activities a week while taking minimal to no precautions ³²



Do you agree or disagree with the following statements? - **I am worried that if we don't take special precautions COVID-19 could come back and put more lives at risk**
[asked of all respondents, n=2,000]

Net Agreement



Strongly agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree Don't know

Methodology

The background of the slide is a solid light blue color. It is decorated with several dark blue circles of varying sizes. There are five circles in total: one in the top left, one in the top right, one in the middle left, one in the bottom right, and one in the bottom right corner. The circles are all empty and have a consistent dark blue outline.

Survey Methodology

These are the results of an online survey conducted between February 4th and March 2nd, 2021.

Method: This online survey was conducted using INNOVATIVE's Canada 20/20 national research panel with additional respondents from Dynata, a leading provider of online samples. Each survey is administered to a series of randomly selected samples from the panel and weighted to ensure that the overall sample's composition reflects that of the actual Canadian population according to Census data to provide results that are intended to approximate a probability sample.

Sample Size: n=3,763 Canadian citizens, 18 years or older. The results are nationally weighted to n=2,000 based on Census data from Statistics Canada.

Field Dates: February 4th and March 2nd, 2021.

Weighting: Results for Canada are weighted by age, gender, and region to ensure that the overall sample's composition reflects that of the actual population according to Census data; in order to provide results that are intended to approximate a probability sample. Weighted and unweighted frequencies are reported in the table.

Margin of Error: This is a representative sample. However, since the online survey was not a random probability based sample, a margin of error cannot be calculated. Statements about margins of sampling error or population estimates do not apply to most online panels.

Note: Graphs may not always total 100% due to rounding values rather than any error in data. Sums are added before rounding numbers.

	Unweighted (n)	Unweighted (%)	Weighted (n)	Weighted (%)
Men 18-34	342	9.1%	271	13.6%
Men 35-54	533	14.2%	334	16.7%
Men 55+	955	25.4%	364	18.2%
Women 18-34	469	12.5%	274	13.7%
Women 35-54	592	15.7%	347	17.3%
Women 55+	872	23.2%	411	20.5%
BC	1244	33.1%	269	13.4%
AB	359	9.5%	222	11.1%
Prairies	233	6.2%	131	6.6%
ON	971	25.8%	772	38.6%
QC	605	16.1%	470	23.5%
Atlantic	351	9.3%	135	6.8%



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Building Understanding.